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(54) METHODS AND DEVICES FOR ULTRASOUND CONTRAST-ASSISTED THERAPY

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(57) ABSTRACT

Various methods of performing ultrasound contrast assisted therapy are provided. One such method includes delivering a plurality of microbubble-based ultrasound contrast agents to a target area and disrupting the microbubble-based ultrasound contrast agents by delivering tone bursts of ultrasound to the target area. The oscillation of the microbubble-based ultrasound contrast agents can be achieved by delivering ultrasound tone bursts of greater than 5 acoustic cycles with a pulse repetition frequency of between 0.01 and 20 Hz, with pressure greater than 0.3 MPa.

Sonothrombolysis: Long-tone burst?

In vitro setup: 1 MHz, 1.5 MPa, PRF 1/3 Hz, tone burst duration variable



Lytic effect indicates a plateau in the effect of number of acoustic cycle



FIG. 1











Selected brightfield frames of US-induced MB vibration and breaking (from 25 Mfps movie)



MB displacing the clot surface Brightfield example:

1 MHz, 1.5 MPa, 5 Mfps







1 MHz, 2 MPa



Fluorescence reveals that the shell oscillates at smaller amplitude, indicating gas escape from the shell









Lytic effect indicates a plateau in the FIG. 9 Sonothrombolysis: Long-tone burst?

In vitro setup: 1 MHz, 1.5 MPa, PRF 1/3 Hz, tone burst duration variable



effect of number of acoustic cycle

33

20 80

20

(sus (jus)



FIG. 10









FIG. 13



Time-Frequency analysis-Lipid MB with PFC





Time-Frequency analysis-Polymer MB with PFC



FL: 250 kfps Lipid MB + Beads US 1.5 MPa

Bits 2-9 and 5-12

Beads are throwing off Large movement Jetting?





FL: 500 kfps Lipid MB + Beads US 1.0 MPa

Bits 2-9 and 5-12

Beads are throwing off More so in front Jetting?



FL: 500 kfps Lipid MB + Beads US 0.5 MPa

Bits 2-9 and 5-12

Beads are throwing off More so in front Jetting?



Results (7)-32 Frame MIP for 1.5 MPa













METHODS AND DEVICES FOR ULTRASOUND CONTRAST-ASSISTED THERAPY

CROSS-REFERENCE TO RELATED APPLICATION

[0001] This application claims the benefit of U.S. Provisional Application No. 61/665,781, which was filed on Jun. 28, 2012 and is incorporated herein by reference in its entirety.

FIELD

[0002] This disclosure is related to ultrasound (US) contrast agents and, in particular, to the use of such contrast agents in combination with ultrasound devices for therapeutic purposes.

BACKGROUND

[0003] Ultrasound contrast agents have been used to improve ultrasonic imaging. In addition, ultrasound contrast agents, such as encapsulated gas microbubbles (MB), can be used for therapeutic applications in which the ultrasound beam disrupts the microbubble and/or cell membranes to delivery some therapeutic agent (e.g., a drug). However, conventional techniques of using ultrasound for therapeutic purposes have significant limitations and, as such, improvements to methods and systems for performing ultrasound contrast assisted therapy are much needed.

SUMMARY

[0004] As disclosed in more detail herein, various methods of performing ultrasound contrast assisted therapy are provided. One such method includes delivering a plurality of microbubble-based ultrasound contrast agents to a target area and disrupting the microbubble-based ultrasound contrast agents by delivering tone bursts of ultrasound to the target area. The disrupting of the microbubble-based ultrasound contrast agents can be achieved by delivering ultrasound tone bursts of greater than 5 acoustic cycles with a pulse repetition frequency of between 0.01 and 20 Hz and pressure amplitude of greater than 0.3 MPa. In some embodiments, the pressure amplitude can be lower, such as 0.2 MPa or greater, or alternatively, 0.25 MPa or greater.

[0005] In some embodiments, the method of claim 1, wherein at least some of the microbubble-based ultrasound contrast agents comprises a treatment agent, such as one or more drugs or genes. In some embodiments, the treatment agent comprises a protein and/or thrombolytic agent such as tissue plasminogen activator.

[0006] In some embodiments, the ultrasound tone bursts are between 1,000 and 2,000 acoustic cycles, the pulse repetition frequency is between 0.2 and 1 Hz, the ultrasound frequency is between about 0.25 MHz and 10 MHz, and/or an amplitude of ultrasound pulses forming the ultrasound tone bursts is between about 0.3 and 1.9 MPa. In some embodiments, a time-averaged ultrasound intensity can be less than 0.5 W/cm². In some embodiments, a time-averaged ultrasound intensity can be less than 0.1 W/cm². This can be achieved because a relatively low pulse repetition frequency is effective when relatively long tone bursts are used.

[0007] In yet additional embodiments, the method can include visualizing acoustic behaviors of the microbubble-based ultrasound contrast agents using high speed imaging

under brightfield and fluorescence conditions, such as by using the novel high speed imaging systems described herein. [0008] In yet another embodiment, a method can include determining an optimal tone burst length for a plurality of microbubble-based ultrasound contrast agents. Once the optimal tone burst length is determined, the method can further include delivering the plurality of microbubble-based ultrasound contrast agents to a target area of a subject and disrupting the microbubble-based ultrasound contrast agents by delivering tone bursts of ultrasound to the target area at the determined optimal tone burst length. In some embodiments, the disrupting of the microbubble-based ultrasound contrast agents can comprise delivering ultrasound tone bursts of greater than 5 acoustic cycles with at least one of a (1) pulse repetition frequency of between 0.01 and 20 Hz or (2) a pressure amplitude of greater than 0.3 MPa. In other embodiments, the act of determining the optimal tone burst length can comprise selecting the optimal tone burst length based on an acoustic pressure, bubble type, a bubble concentration, or any combination of the three.

[0009] The foregoing and other objects, features, and advantages of the invention will become more apparent from the following detailed description, which proceeds with reference to the accompanying figures.

BRIEF DESCRIPTION OF THE DRAWINGS

[0010] FIG. **1** illustrates a rotating mirror camera system used for the study of microbubble dynamics and the potential therapeutic effects under ultrasound.

[0011] FIG. **2** illustrates a brightfield example of MB oscillation taken at 25 Million frames per second (Mfps).

[0012] FIG. **3** illustrates selected brightfield frames from a 25 Mfps movie of US-induced MB vibration, jet formation, and breaking.

[0013] FIG. **4** illustrates a brightfield example of thrombus lysis-ultrasound induced MB vibration near a thrombus.

[0014] FIG. **5** illustrates a brightfield example of thrombus lysis-selected frames of ultrasound induced MB vibration near a thrombus.

[0015] FIG. **6** illustrates a comparison between brightfield and fluorescence movies of MB oscillation.

[0016] FIG. 7 illustrates an image of a lipid MB interacting with stem cells under ultrasound.

[0017] FIG. **8** illustrates an image of a lipid MB interacting with stem cells under ultrasound-selected frames of ultrasound induced MB vibration near a stem cell.

[0018] FIG. **9** illustrates an example application of long tone burst for sonothrombolysis in an in vitro setup.

[0019] FIG. **10** illustrates an example application of long tone burst for therapeutic purposes with advanced time control of the high speed camera.

[0020] FIG. **11** illustrates frames of high speed movie showing the formation of aggregates at the early stage of a long tone burst.

[0021] FIG. **12** illustrates frames of high speed movie showing the formation of aggregates at the beginning of a long tone burst.

[0022] FIG. **13** illustrates frames of high speed movie showing the continued formation of aggregates at 500 acoustic cycles into a long tone burst.

[0023] FIG. **14** illustrates frames of high speed movie showing the continued formation of aggregates 1,000 acoustic cycles into a long tone burst.

[0024] FIG. **15** illustrates a time-frequency analysis of lipid MB with PFC.

[0025] FIG. **16** illustrates a time-frequency analysis of polymer MB with PFC.

[0026] FIG. 17 illustrates images from a fluorescence movie illustrating that the beads are throwing off microbubble surface due to ultrasound induced oscillation and large movement (e.g., jetting).

[0027] FIG. **18** illustrates additional images from a fluorescence movie illustrating that the beads are throwing off microbubble surface due to ultrasound induced oscillation.

[0028] FIG. **19** illustrates additional images from a fluorescence movie illustrating that the beads are throwing off microbubble surface due to ultrasound induced oscillation.

[0029] FIG. **20** illustrates a 32 frame MIP processing a fluorescence movie for 1.5 MPa.

[0030] FIG. **21** illustrates a 32 frame MIP processing a fluorescence movie for 1.0 MPa.

[0031] FIG. **22** illustrates a 32 frame MIP processing a fluorescence movie for 0.5 MPa.

[0032] FIG. **23** illustrates microjet formation during ultrasound excitation of MB recorded with high speed fluorescence imaging at 0.5 Mfps.

[0033] FIG. **24** illustrates microjet formation during ultrasound excitation of MB recorded with high speed fluorescence imaging at 0.5 Mfps.

[0034] FIG. **25** shows several time-frequency analysis that compare polymer MB (i.e., polymer MB with PFC) response at different MB concentrations and different acoustic pressures.

[0035] FIG. **26** shows several time-frequency analysis that compare polymer MB (i.e., polymer MB with PFC) response at different MB concentrations and different acoustic pressures.

DETAILED DESCRIPTION

[0036] Novel methods and devices for ultrasound contrast assisted therapy are disclosed herein. Such methods and devices can be used, for example, in connection with the treatment of thrombotic conditions and tumors.

[0037] The following description is exemplary in nature and is not intended to limit the scope, applicability, or configuration of the invention in any way. Various changes to the described embodiments may be made in the function and arrangement of the elements described herein without departing from the scope of the invention.

[0038] As used in this application and in the claims, the terms "a," "an," and "the" include both the singular and plural forms of the element(s) they refer to unless the context clearly dictates otherwise. Additionally, the term "includes" means "comprises." Further, the term "coupled" generally means electrically, electromagnetically, and/or physically (e.g., mechanically or chemically) coupled or linked and does not exclude the presence of intermediate elements between the coupled or associated items absent specific contrary language.

[0039] Although the operations of exemplary embodiments of the disclosed method may be described in a particular, sequential order for convenient presentation, it should be understood that disclosed embodiments can encompass an order of operations other than the particular, sequential order disclosed. For example, operations described sequentially may in some cases be rearranged or performed concurrently. Further, descriptions and disclosures provided in association

with one particular embodiment are not limited to that embodiment, and may be applied to any embodiment disclosed.

[0040] As used herein, the term "treatment agent" refers to any agent that can be administered to a living organism for an effect in the treated organism, such as a drug, gene, ligand, or other agent that can be delivered by a microbubble and which can have an effect on the living organisms (e.g., a patient or subject). As used herein, the term "anti-thrombus agent" refers to any agent that can be used to reduce thrombus formation, such as thrombolytic drugs like streptokinase or tissue plasminogen activator (tPA).

[0041] As described herein, ultrasound assisted therapies, such as ultrasound-induced microbubble destruction can enhance thrombolysis and drug or gene delivery for cardio-vascular disease and other treatments. Visualization of US-MB-cell interactions, which occur in a nano-second time scale due to the physics of ultrasound yield insights into therapeutically relevant microbubble dynamics, which can help improve the design and selection of new US-MB-mediated therapies.

[0042] High speed fluorescence imaging has unique advantages: we can visualize MB acoustic behaviors in vivo; we can derive information on responses of MB shells in addition to gas behavior in an ultrasound field; and we can visualize fate of fluorescent therapeutics loaded on the MB. The novel system described herein includes an integrated microscopyhigh frame rate imaging system that allows for visualization of microbubble acoustic behaviors under brightfield and fluorescence conditions in order to ultimately perform high speed MB imaging in vivo.

[0043] FIG. 1 illustrates a rotating mirror camera system used for the study of microbubble dynamics and the potential therapeutic effects under ultrasound. A custom optical table is used to support the camera system to reduce the effect of room vibration. The microscope is mounted on an extension table with a translation stage. The customized microscope can have a dual focusing block arrangement to allow focusing on the sample while keeping the optical alignment with the camera system. The illuminator can have a side port to accept the laser light source for florescence imaging. The microscope image is diverted to the rotating mirror system. The imaging system is capable of 25 Mfps for both brightfield and fluorescence imaging for 128 frames, with a frame size of 920× 616 pixels. As described herein, ultrasound (US)-assisted therapies such as US-induced microbubble (MB) destruction have potential to enhance thrombolysis and drug or gene therapy. Cavitation caused lysis, shear stress, microjetting, microstreaming, etc., are the likely mechanism for this beneficial effect. The high speed imaging system described herein can be used to visualize microbubble behaviors. High speed fluorescence imaging allows unique in vitro and in vivo microscopic observations of MB acoustic behavior and fluid dynamics in its surrounding. MIP processing of high speed movie allows a PIV type of analysis.

[0044] FIG. **2** illustrates a brightfield example. Those movies are taken at 25 Mfps in brightfield mode, showing Lipid MB under ultrasound. Under low pressure excitation, microbubble expansion and contraction, and other resonance phenomena are observed. When higher acoustic pressure is used, microbubbles go through large amplitude oscillation, shape deformation, and eventually break. **[0045]** FIG. **3** illustrates selected brightfield frames from a 25 Mfps movie of US-induced MB vibration, jet formation, and breaking.

[0046] FIG. **4** illustrates a brightfield example of thrombus lysis-US-induced MB vibration near a thrombus. Large amplitude oscillation against the clot surface is seen, with possible invagination of the thrombus.

[0047] FIG. **5** is still images from the brightfield movie showing the interactions in vitro between a lipid microbubble and a thrombus when subjected to ultrasound. Note the high amplitude oscillations of the microbubble against the thrombus. Interestingly, the microbubble disappears during imaging, and an invagination appears to be left behind in the thrombus.

[0048] FIG. **6** illustrates a comparison between brightfield and fluorescence, with both brightfield and fluorescence movies at 25 Mfps. Fluorescence imaging can help determine the fate of the microbubble shell. The bright field movie shows violent oscillations and the fluorescence movie is under identical ultrasound conditions. The movie shows that the shell of the bubble oscillates at much smaller amplitude. This suggests that the violent oscillations seen on the brightfield movie must be from the gas that has escaped from the shell. This observation may have implications for US mediated therapy such as drug and gene delivery.

[0049] FIG. 7 illustrates another image of a lipid MB. In this figure, a stem cell is shown with a lipid MB next to it. Under ultrasound, large amplitude oscillations of the MB are observed. The cell membrane can be displaced by the microbubble, which has been shown to facilitate trans-membrane transport of macromolecules.

[0050] FIG. 8 illustrates an image of a lipid MB interacting with stem cells under ultrasound-selected frames of ultrasound induced MB vibration near a stem cell, demonstrating the potential therapeutic effect of ultrasound.

[0051] FIG. 9 illustrates an example application of long tone burst for sonothrombolysis in a mock flow setup. In an in vitro model of sonothrombolysis, we found that there is a dependence of lytic effect on tone burst duration. Cavitation detection reveals continued but diminishing acoustic activity during 5 ms of ultrasound treatment.

[0052] FIG. 10 shows long tone burst for therapeutic purposes with advanced time control of the high speed camera. The camera system can handle advanced trigger, up to 510 mirror cycles. For 5 Mfps (4000 rps, 250 μ s), that means 125 ms. Even at 25 Mfps, the system can trigger accurately 25 ms ahead of time. Shown here are the behaviors of lipid MB at different time points of a 5000 cycle treatment. Notice that MB do not disappear. They form aggregates and continue to oscillate.

[0053] FIG. **11** illustrates frames of high speed movie showing the formation of aggregates at the early stage of a long tone burst. For this example, the movie is taken at 0.5 Mfps, and the movie duration is $256 \,\mu$ s. Polymer MB. 1 MHz, 1.5 MPa. During this movie, aggregates of bubbles are formed. They continue to oscillate and the move out of view during imaging.

[0054] FIG. **12** illustrates frames of high speed movie showing the formation of aggregates at the beginning of a long tone burst. For this example, the movie is taken at 5 Mfps, the movie duration is $25.6 \,\mu$ s. Polymer MB. 1 MHz, 1.5 MPa. During this movie, aggregates of bubbles are formed and continue to oscillate. The locations of the aggregates are random due to the dynamic nature of bubble destruction.

[0055] FIG. **13** illustrates frames of high speed movie showing the continued formation of aggregates at 500 acoustic cycles into a long tone burst. For this example, the movie is taken at 5 Mfps, the movie duration is $25.6 \,\mu$ s. Polymer MB. 1 MHz, 1.5 MPa. During this movie, aggregates of bubbles continue to oscillate, break up and new aggregates are formed. The locations of the aggregates are random due to the dynamic nature of bubble destruction.

[0056] FIG. **14** illustrates frames of high speed movie showing the continued formation of aggregates 1,000 acoustic cycles into a long tone burst. For this example, the movie is taken at 5 Mfps, the movie duration is $25.6 \,\mu$ s. Polymer MB. 1 MHz, 1.5 MPa. During this movie, aggregates of bubbles continue to oscillate, break up and new aggregates are formed. The location of the aggregates is random due to the dynamic nature of bubble destruction.

[0057] FIG. **15** illustrates a time-frequency analysis of lipid MB with PFC with a passive cavitation detection. Initial cavitation is detected at the beginning of tone bursts.

[0058] FIG. **16** illustrates a time-frequency analysis of polymer MB with PFC with a passive cavitation detection. Initial cavitation is detected at the beginning of tone bursts.

[0059] FIG. **17** illustrates images from a movie illustrating that the beads are throwing off large movement (e.g., jetting). Lipid microbubble, 1 MHz, 1.5 MPa.

[0060] FIG. **18** illustrates images from a movie illustrating that the beads are throwing off large movement (e.g., jetting). Lipid microbubble, 1 MHz, 1.0 MPa.

[0061] FIG. **19** illustrates images from a movie illustrating that the beads are throwing off large movement (e.g., jetting). Lipid microbubble, 1 MHz, 0.5 MPa.

[0062] FIG. **20** illustrates a 32 frame MIP processing a fluorescence movie. Lipid microbubble, 1 MHz, 1.5 MPa.

[0063] FIG. **21** illustrates a 32 frame MIP processing a fluorescence movie. Lipid microbubble, 1 MHz, 1.0 MPa.

[0064] FIG. **22** illustrates a 32 frame MIP processing a fluorescence movie. Lipid microbubble, 1 MHz, 0.5 MPa.

[0065] FIG. 23 illustrates microjet formation during ultrasound excitation of MB recorded with high speed fluorescence imaging at 0.5 Mfps. Displayed are selected frames from a rolling maximum intensity persistence processing of the high speed movie. Ultrasound parameters: 1 MHz, 1 MPa. Image size: $92 \times 92 \ \mu m$.

[0006] FIG. 24 illustrates microjet formation during ultrasound excitation of MB recorded with high speed fluorescence imaging at 0.5 Mfps. Displayed are selected frames from maximum intensity persistence processing (with 50% overlap) of the high speed movie. Ultrasound parameters: 1 MHz, 1.5 MPa. Image size: $92 \times 92 \mu m$.

[0067] Accordingly, a high speed imaging system for visualization of microbubble acoustic behaviors is used for the study of ultrasound microbubble mediated therapy. Accordingly, as illustrated herein such as in FIG. **10-14**, MBs can persist after the initial burst; even though broadband noise due to initial cavitation is detected only in the beginning of the tone burst and decreased as a function of time with a simple detection strategy. Accordingly, the efficacy of long tone burst for sono-thrombolysis and other ultrasound assisted therapy is validated by the presence to bubble activity observed with high speed imaging.

[0068] Long Tone Burst on Ultrasound Assisted Thrombolysis

[0069] In some embodiments, the method comprises the use of relatively long acoustic ultrasound (US) tone bursts in

conjunction with microbubble-based (MB) ultrasound contrast agents. The MB ultrasound contrast agent can be used with or without thrombolytic agents, such as tissue plasminogen activator (tPA) for thrombolysis. The MB ultrasound contrast agent can also be used with or without drug and/or gene loaded microbubbles for treatment of cancer or other medical conditions requiring drug or molecular therapeutics. [0070] In the embodiments disclosed herein, the specific attributes of the pulse waveform can vary based on the frequency desired for certain tissue types and organ size, the type of microbubble used, and the US pressure amplitude. For example, typically, a tone burst of greater than 5 acoustic cycles is used. For example, typically, a tone burst ranging from 10-5,000 acoustic cycles is used (with a range of 1,000-2,000 acoustic cycles being preferred for some embodiments) with a pulse repetition frequency (PRF) that allows replenishment of the MB into the region of interest (ROI). In some embodiments, a PRF range of 0.01-20 Hz can be used, with a range of 0.2-1 Hz being preferred in certain embodiments. An ultrasound frequency of 0.25 MHz-10 MHz can be used in some embodiments, with a frequency range of 1-2 MHz being preferred for certain embodiments, as those frequencies are close to the resonance frequency of some of the microbubbles present in contrast agents described herein. In addition, pressure amplitude of greater than 0.3 MPa can be used. In addition, a pressure amplitude of 0.5-1.9 MPa (and, more preferably 1.5 MPa in some embodiments) can be used.

[0071] The embodiments disclosed herein demonstrate that microbubbles can persist longer than previously reported when subjected to US excitation above cavitation threshold with ultra-fast microscopic imaging. Using the methods and systems described herein the MB go through initial cavitation, form aggregates, and continue to oscillate during US delivery of up to 5,000 acoustic cycles, depending on the acoustic pressure and type of MB used. Such prolonged acoustic activity can promote continued micro-streaming and mass transport for therapeutic materials such as tPA and cancer therapy drugs. In addition, the prolonged acoustic activity can, at least in some embodiments, also promote continued sonoporation of cells and possible mass transport for materials like cancer drugs or gene vectors once they enter the cancer cells through sonoporation.

[0072] In some embodiments, the methods and systems described herein can provide improved cancer therapy by reducing systemic exposure to cancer therapy agents. In addition, the relatively low PRF reduces the total amount of US energy and therefore reduces at least some potential bioeffects, such as heating. For example, when a 2,000 acoustic cycle tone burst of 1.5 MPa acoustic pressure is used at a PRF of 0.5 Hz, the duty cycle is 0.1%, and the time averaged ultrasound intensity is only 0.075 W/cm².

[0073] In some embodiments, a device is provided that includes an ultrasound generator and ultrasound transducer that can produce US waveforms. The ultrasound generator can be configured such that the ultrasound pulse configuration can be changed online according to specific microbubble properties and blood flow conditions. This can permit the total ultrasound energy to be minimized while still harnessing most of the bubble activity for therapeutic purposes. The ultrasound generator can be a self-contained unit or an attachment or an add-on of another system such as an ultrasound imaging system. The ultrasound transducer can be a single element transducer with or without focusing. For example, the transducer can be a spherically-focused or cylindricallyfocused transducer depending on the type of tissue/or organ to be treated. The transducer can also be formed by an array of elements to allow dynamic focusing of the ROI.

[0074] In some embodiments, the transducer can also be constructed to allow imaging of microbubble activity. For this mode of application, the transducer can be broadband or capable of dual frequency applications such that better image resolution is achieved with high frequency. The ultrasound transducer can also be designed such that imaging can be performed with third party imaging systems.

[0075] Acoustic Behavior Examples

[0076] As described above, the use of MB and long tone bursts can be effective for sonothrombolysis and other ultrasound assisted therapies. Both Lipid MB and Polymer MB are effective to improve sonothrombolysis at least in part because MB's persist after the initial burst and continue to oscillate with large amplitudes during a long tone burst, before ultimately diminishing.

[0077] As discussed above and depicted in the figures, optimal tone burst length can depend on the acoustic pressure, the bubble type, and the bubble concentration. Accordingly, the methods disclosed herein can include a step of selecting an optimal tone burst length based on acoustic pressure, bubble type, bubble concentration, and/or any combination of the three. As shown in the figures, in some embodiments, longer cycle lengths (e.g., 5000 cycles) can provide an improved response when compared to shorter cycle length (e.g., 1000 cycles). As discussed below, larger cycle lengths can be particularly beneficial when bubble concentrations are higher and where initial cavitation can last longer (e.g., 5000 cycles).

[0078] FIG. **25** show time-frequency analysis that compare polymer MB (i.e., polymer MB with PFC) response at different MB concentrations and different acoustic pressures over a time period of 5000 cycles. For example, the far left column shows acoustic responses of polymer MB at a first concentration $(2\times10^{6} \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), the middle column shows acoustic responses of polymer MB at a second concentration $(2\times10^{7} \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), and the far right column shows acoustic responses of polymer MB at a second concentration $(2\times10^{7} \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), and the far right column shows acoustic responses of polymer MB at a third concentration $(2\times10^{8} \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa).

[0079] FIG. **26** is similar to FIG. **25**, but shows a comparison of lipid MB (i.e., lipid MB with PFC) at different MB concentrations and different acoustic pressures. For example, the far left column shows acoustic responses of lipid MB at a first concentration $(2\times10^6 \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), the middle column shows acoustic responses of lipid MB at a second concentration $(2\times10^7 \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), and the far right column shows brightfield responses of lipid MB at a third concentration $(2\times10^8 \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa), and the far right column shows brightfield responses of lipid MB at a third concentration $(2\times10^8 \text{ MB/ml})$ taken at different acoustic pressures (1.5 MPa, 1.0 MPa, 0.5 MPa, and 0.25 MPa).

[0080] In view of the many possible embodiments to which the principles of the disclosed invention may be applied, it should be recognized that the illustrated embodiments are only preferred examples of the invention and should not be taken as limiting the scope of the invention. Rather, the scope of the invention is defined by the following claims. We therefore claim as our invention all that comes within the scope and spirit of these claims.

1. A method of performing ultrasound contrast assisted therapy comprising:

- delivering a plurality of microbubble-based ultrasound contrast agents to a target area of a subject; and
- disrupting the microbubble-based ultrasound contrast agents by delivering tone bursts of ultrasound to the target area,
- wherein the disrupting of the microbubble-based ultrasound contrast agents comprises delivering ultrasound tone bursts of greater than 5 acoustic cycles with at least one of a (1) pulse repetition frequency of between 0.01 and 20 Hz or (2) a pressure amplitude of greater than 0.3 MPa.

2. The method of claim **1**, wherein the disrupting of the microbubble-based ultrasound contrast agents comprises delivering ultrasound tone bursts of greater than 5 acoustic cycles with both (1) a pulse repetition frequency of between 0.01 and 20 Hz and (2) a pressure amplitude of greater than 0.3 MPa.

3. The method of claim **1**, wherein at least some of the microbubble-based ultrasound contrast agents comprise a treatment agent.

4. The method of claim 3, wherein the treatment agent comprises a drug.

5. The method of claim 3, wherein the treatment agent comprises one or more genes.

6. The method of claim 3, wherein the treatment agent comprises one or more anti-thrombus agents.

7. The method of claim 3, wherein the treatment agent comprises a protein.

8. The method of claim **7**, wherein the treatment agent comprises a thrombolytic agent.

9. The method of claim 8, wherein the thrombolytic agent is tissue plasminogen activator.

10. The method of claim **1**, wherein the ultrasound tone bursts are between 5 and 50,000 acoustic cycles.

11. The method of claim **1**, wherein the ultrasound tone bursts are between 1,000 and 2,000 acoustic cycles.

12. The method of claim 1, wherein the pulse repetition frequency is between 0.2 and 1 Hz.

13. The method of claim **1**, wherein the ultrasound frequency is between about 0.25 MHz and 10 MHz.

14. The method of claim 1, wherein the amplitude of ultrasound pulses forming the ultrasound tone bursts is between about 0.3 and 1.9 MPa.

15. The method of claim 1, wherein a time averaged ultrasound intensity is less than about 0.5 W/cm^2 by using relatively low pulse repetition frequency with relatively long tone burst.

16. A method of performing sonothrombolysis comprising:

- delivering a plurality of microbubble-based ultrasound contrast agents to a target area of a subject; and
- delivering at least one long tone burst of ultrasound to the target area to cause the plurality of microbubble-based ultrasound contrast agents to cavitate, the long tone burst having a length of at least 500 acoustic cycles,
- wherein the plurality of microbubble-based ultrasound contrast agents are selected so that after cavitation, aggregates of the bubbles continue to oscillate, break up, and form new aggregates during the delivery of the at least one long tone burst.

17. The method of claim 16, wherein the at least one long tone burst has a length of 1000 acoustic cycles or greater.

18. The method of claim 16, wherein the at least one long tone burst has a length of between 1000 acoustic cycles and 5000 acoustic cycles.

19. The method of claim **16**, wherein the at least one long tone burst is delivered in combination with at least one of a (1) pulse repetition frequency of between 0.01 and 20 Hz or (2) a pressure amplitude greater than 1.0 MPa.

20. The method of claim **16**, wherein the at least one long tone burst is delivered with a pulse repetition frequency that is between 0.2 and 1 Hz.

* * * * *