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(54) **MMP ACTIVATION PEPTIDE DETECTION IN BIOLOGICAL SAMPLES**

Related U.S. Application Data

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(57) **ABSTRACT**

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A method is provided along with related reagent kits for aiding the diagnosis of IPF or other interstitial lung diseases, as well as for potential monitoring of disease progression or therapeutic response to treatment.

1	11	21	31	41	51		
1	MEALMARGAL	TGPLRALCLL	GCLLSHAAAA	PSPIIKFP	GD VAPKTDKELA	VQYLNTFYGC	60
61	PKESC	NLFVL	KDTLKKMQKF	FGLPQTGDLD	QNTIETMRKP	RCGNPDVANY	NFFPRKPKWD 120
121	KNQITYRIIG	YTPDLDPETV	DDAFARAFQV	WSDVTPLRFS	RIHDGEADIM	INFGRWEHGD	180
181	GYPFDGKDGL	LAHAFAPGTG	VGGDSHFDDD	ELWTLGEGQV	VRVKYGNADG	EYCKFPFLFN	240
241	GKEYNSCTDT	GRSDGFLWCS	TTYNFEKDGK	YGFPCHEALF	TMGGNAEGQP	CKFPFRFQGT	300
301	SYDSCTTEGR	TDGYRWCATT	EDYDRDKKYG	FCPETAMSTV	GGNSEGAPCV	FPFTFLGNKY	360
361	ESCTSAGRSD	GKMWCAATTAN	YDDDRKWGFC	PDQGYSFLV	AAHEFGHAMG	LEHSQDFGAL	420
421	MAPIYTYTKN	FRLSQDDIKG	IQELYGASPD	IDLGTGPTPT	LGPVTPEICK	QDIVFDGIAQ	480
481	IRGEIFFFKD	RFIWRTVTPR	DKPMGPLLVA	TFWPELPEKI	DAVYEAPQEE	KAVFFAGNEY	540
541	WIYSASTLER	GYPKPLTSLG	LPPDVQRVDA	AFNWSKNKKT	YIFAGDKFWR	YNEVKKKMDP	600
601	GFPKLIADAW	NAIPDNLDVAV	VDLQGGGHSY	FFKGAYYLKL	ENQSLKSVKF	GSIKSDWLGC	

Fig. 1

1	11	21	31	41	51		
1	MRLTVLCAVC	LLPGSLALPL	PQEAGGMS	SEL QWEQAQDYLK	RFYLYDSETK	NANSLEAKLK	60
61	EMQKFFGLPI	TGMLNSRVIE	IMQKPRCGVP	DVAEYSLFPN	SPKWTSKVVT	YRIVSYTRDL	120
121	PHITVDRLVS	KALNMWGKEI	PLHFRKVVWG	TADIMIGFAR	GAHGDSYFPD	GPGNTLAHAF	180
181	APGTGLGGDA	HFEDERWTD	GSSLGINFLY	AATHELGHSL	GMGHSSDPNA	VMYPTYGNDD	240
241	PQNFKLSQDD	IKGIQKLYGK	RSNSRKK				

Fig. 2

1	11	21	31	41	51		
1	MFSLKTLPFL	LLLHVQISKA	FPVSSKEKNT	KTVQDYLEKF	YQLPSNQYQS	TRKNGTNVIV	60
61	EKLKEMQRFF	GLNVTGKPNE	ETLDMKKPR	CGVPDSGGFM	LTPGNPKWER	TNLTYRIRNY	120
121	TPQLSEAEVE	RAIKDAFELW	SVASPLIFTR	ISQGEADINI	AFYQRDHGDN	SPFDGPNLIL	180
181	AHAFQPGQGI	GGDAHFDAAE	TWINTSANYN	LFLVAAHEFG	HSLGLAHSSD	PGALMYPNYA	240
241	FRETSNYSLP	QDDIDIGIAI	YGLSSNPIQP	TGPSTPKPCD	PSLTFDAITT	LRGEILFFKD	300
301	RYFWRRHQPQ	QRVEMNFISL	FWPSLPTGIQ	AAYEDFDRDL	IFLFGKNQYW	ALSGYDILQG	360
361	YPKDISNYGF	PSSVQAIDAA	VFYRSKTYFF	VNDQFWRYDN	QRQFMPEGYP	KSISGAFPGI	420
421	ESKVDVAVFQ	EHHFHVFSGP	RYYAFDLIAQ	RVTRVARGNK	WLNCRYG		

Fig. 3

1	11	21	31	41	51		
1	MSLWQPLVLV	LLVLGCCFAA	PRQRQSTLVL	FPGDLRTNLT	DRQLAEEELY	RYGYTRVAEM	60
61	RGESKSLGPA	LLLLQQLSL	PETGELDSAT	LKAMRTPRCG	VPDLGRFQTF	EGDLKWHHHN	120
121	ITYWIQNYSE	DLPRAVIDDA	FARAFALWSA	VTPLTFTRVY	SRDADIVIQF	GVAEHGDGYP	180
181	FDGKDGLLAH	AFPPGPGIQG	DAHFDDELW	SLGKGVVPT	RFGNADGAAC	HFPFIFEGRS	240
241	YSACTDGRS	DGLPWCSTTA	NYDDDRFGF	CPSERLYTQD	GNADGKPCQF	PFIFQGQSYS	300
301	ACTTDGRSDG	YRWCATTANY	DRDKLFGFCP	TRADSTVMGG	NSAGELCVFP	FTFLGKEYST	360
361	CTSEGRGDGR	LWCATTSNFD	SDKKWGFCPD	QGYSFLVAA	HEFGHALGLD	HSSVPEALMY	420
421	PMYRFTEGPP	LHKDDVNGIR	HLYGPRPEPE	PRPPTTTTPQ	PTAPPTVCPT	GPPTVHPSER	480
481	PTAGPTGPPS	AGPTGPPTAG	PSTATTVPLS	PVDDACVNI	FDAIAEIGNQ	LYLFKDGKYW	540
541	RFSEGRGSRP	QGPFLIADKW	PALPRKLDV	FEEPLSKKLF	FFSGRQVWVY	TGASVLGPRR	600
601	LDKLGADV	AQVTGALRSG	RGKMLFSGR	RLWRFDVKAQ	MVDPRSASEV	DRMFPGVPLD	660
661	THDVFQYREK	AYFCQDRFYW	RVSSRSELNQ	VDQVGYVTYD	ILQCPED		

Fig. 4

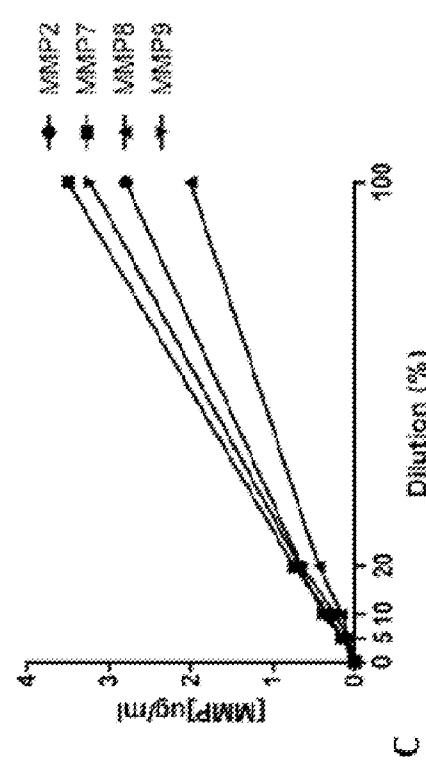
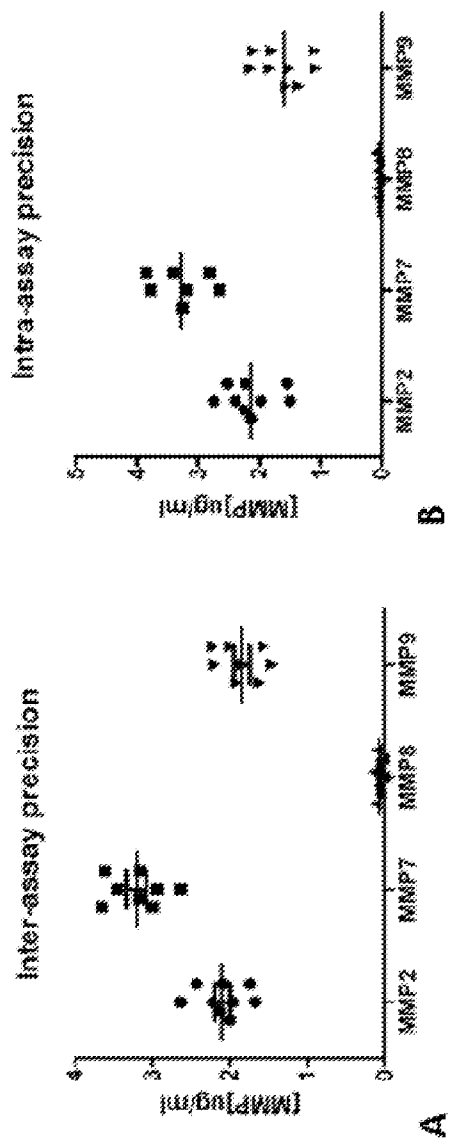


Fig. 5

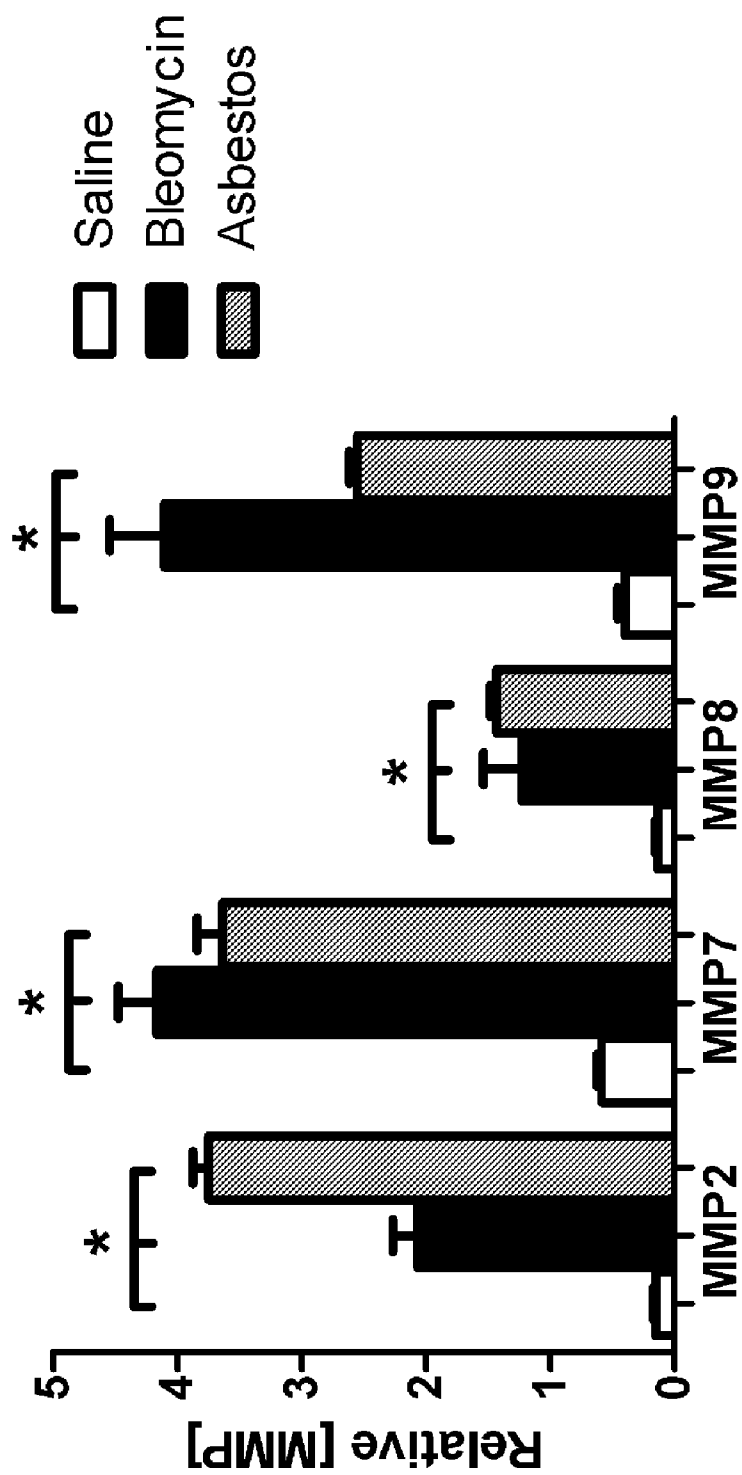


Fig. 6

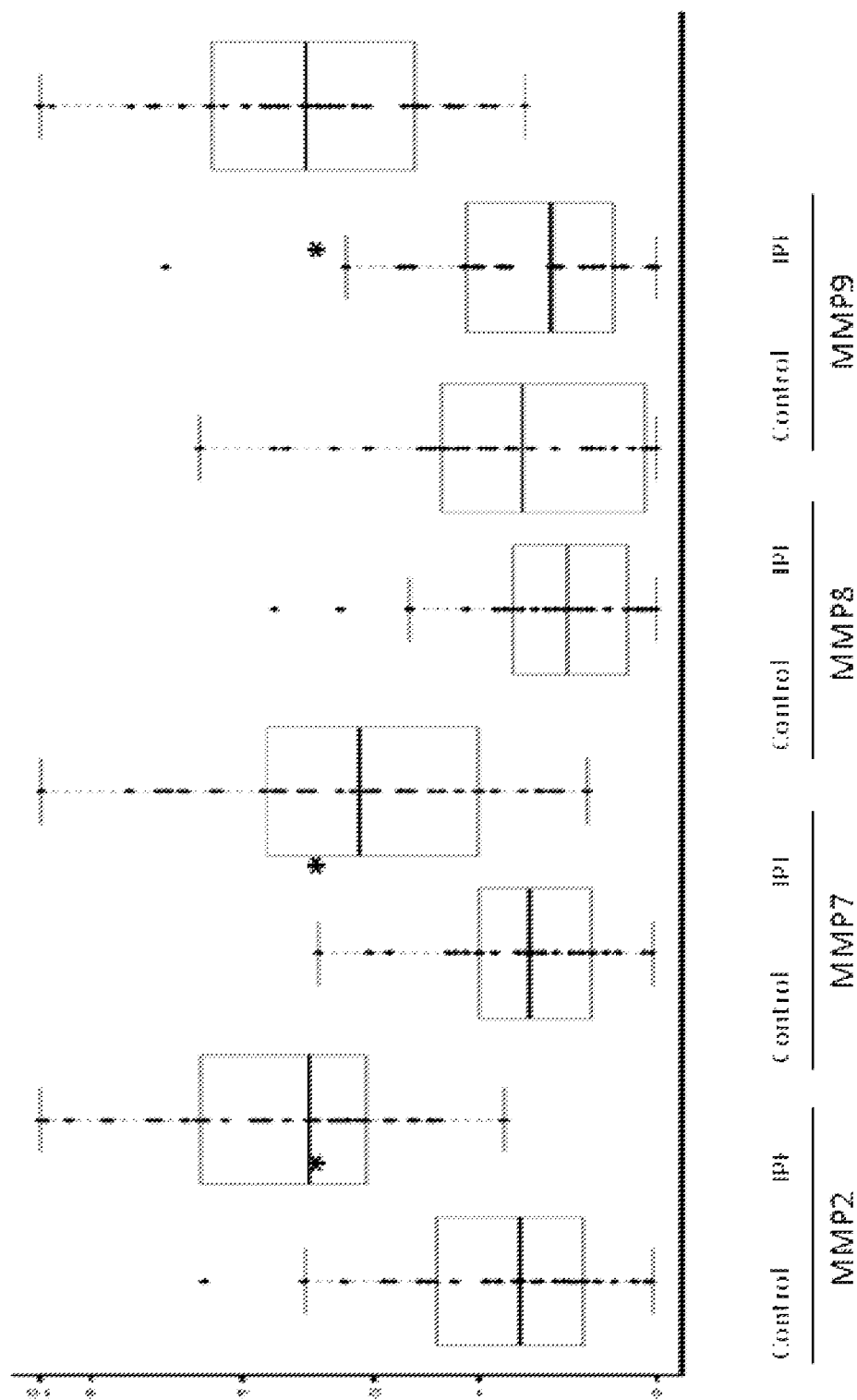


Fig. 7A

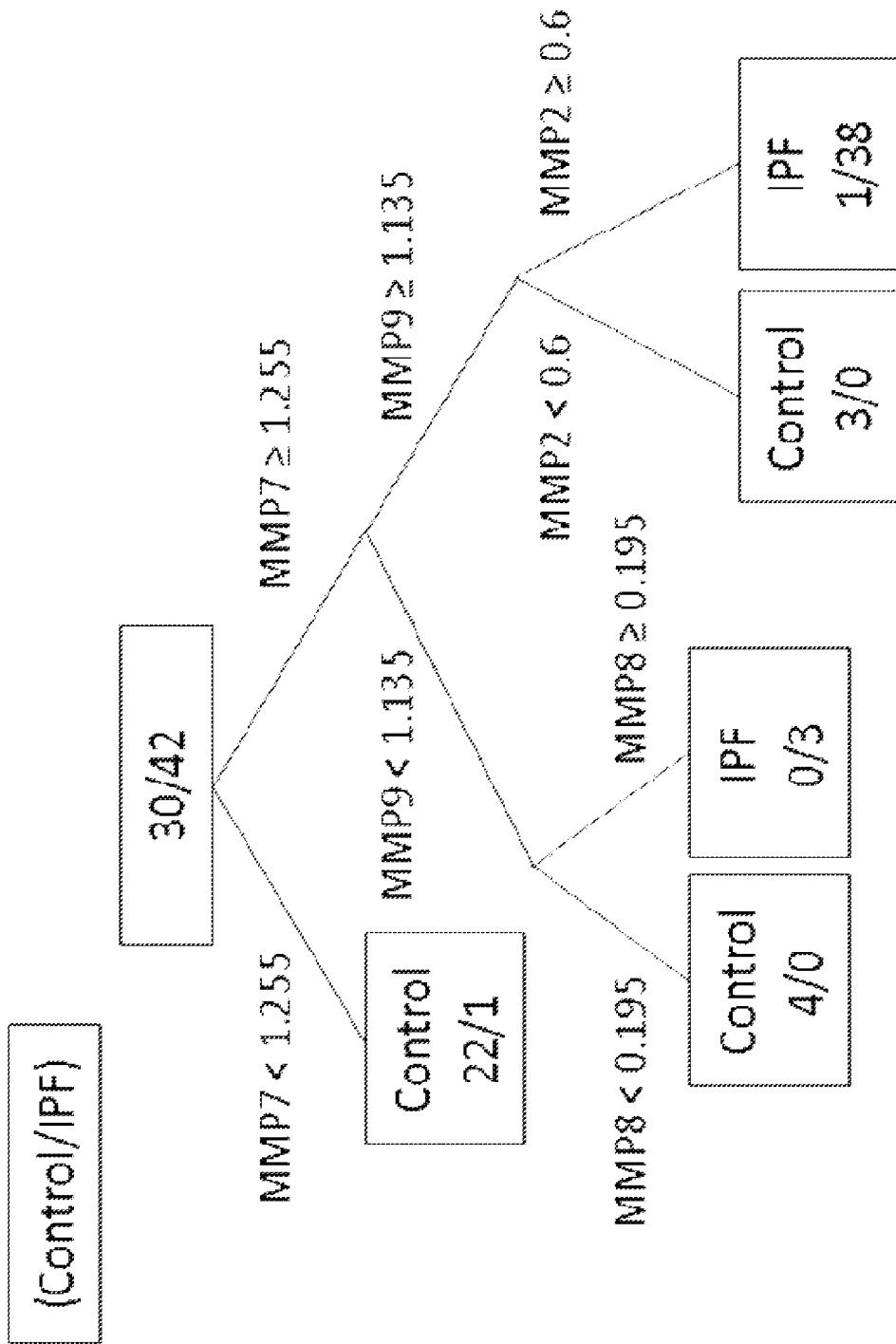


Fig. 7B

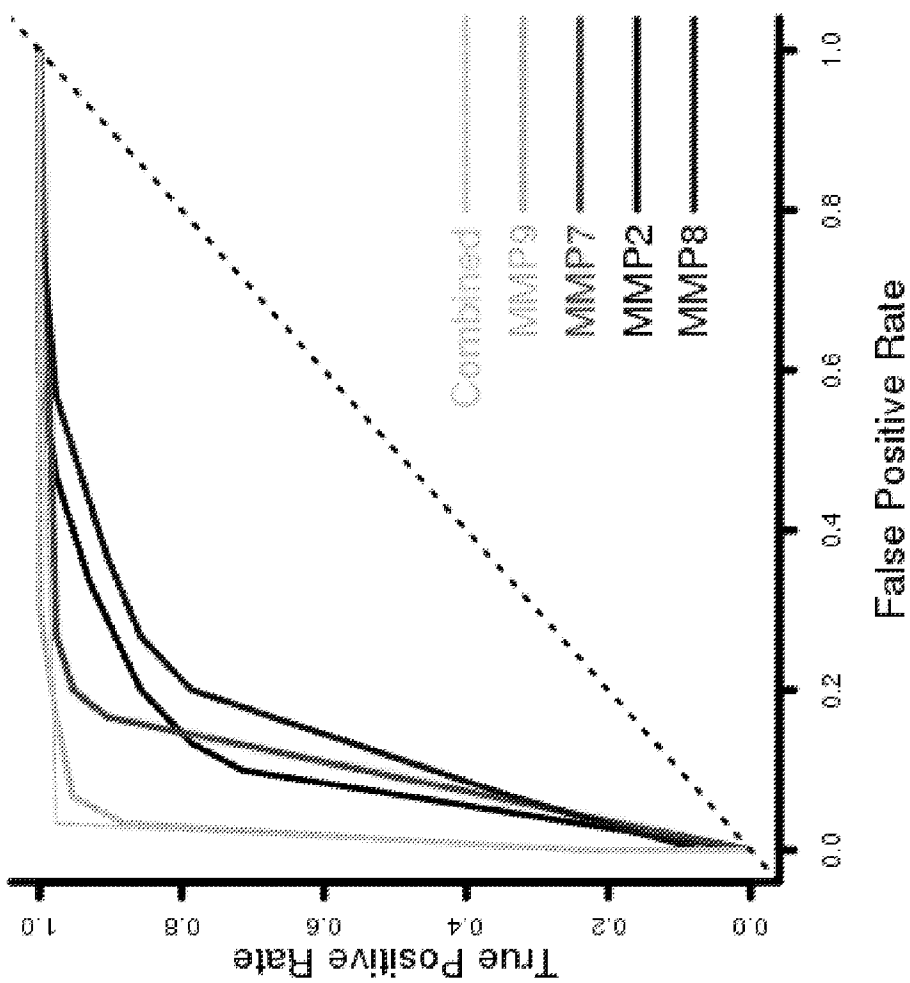


Fig. 7C

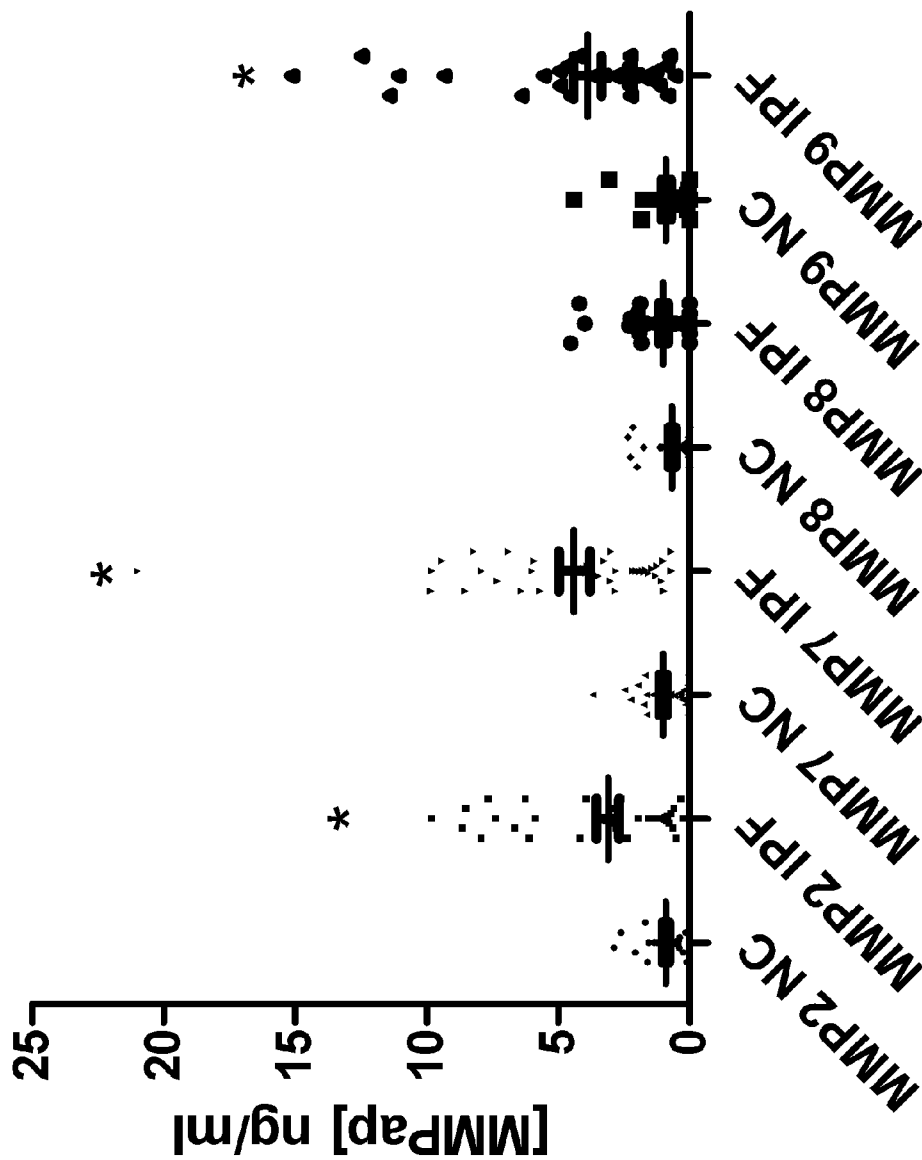


Fig. 8

MMP ACTIVATION PEPTIDE DETECTION IN BIOLOGICAL SAMPLES

CROSS REFERENCE TO RELATED APPLICATIONS

[0001] This application is a National Stage of International Application No. PCT/US2009/059388, filed Oct. 2, 2009, which in turn claims the benefit of U.S. Provisional Patent Application No. 61/107,188, filed Oct. 21, 2008, which is incorporated herein by reference in its entirety.

STATEMENT REGARDING FEDERAL FUNDING

[0002] This invention was made with government support under the National Institutes of Health Grant Nos. R01 HL63700 and R21ES01386. The government has certain rights in this invention.

[0003] Idiopathic pulmonary fibrosis (IPF) is a chronic interstitial lung disease of unknown etiology. IPF is a progressive life threatening disease that is characterized as excessive deposition of fibrotic tissue in the interstitium with minimal associated inflammation. The incidence of IPF is 29/100,000 in the general population and the median survival rate for individuals diagnosed with IPF is between 3 to 5 years. There is currently no cure or significant treatment for this disease and no effective method to monitor progression in IPF patients. Historically IPF has been seen as a gradually progressive disease. However, some patients with IPF experience a rapid deterioration of lung function and accelerated death. These episodes have been termed acute exacerbations of IPF.

[0004] Matrix metalloproteases (MMPs) are a family of at least 25 proteases that regulate extracellular matrix turnover. Several studies have shown that MMP activation contributes to the pathogenesis of pulmonary fibrosis in animal models (Corbel M, et al., *J Pathol* 193: 538-545, 2001; Tan R J, et al. *Am J Respir Cell Mol Biol* 35: 289-297, 2006; and Zuo F, et al. *Proc Natl Acad Sci USA* 99: 6292-6297, 2002). Also, there are many studies that have found increased MMP expression and activation in human IPF lungs (Zuo F, et al. *Proc Natl Acad Sci USA* 99: 6292-6297, 2002; Henry M T, et al. *Eur Respir J* 20: 1220-1227, 2002; Suga M, et al. *Am J Respir Crit. Care Med* 162: 1949-1956, 2000; Rosas I O, et al. *PLoS Med* 5: e93, 2008; and Garcia-Alvarez J, et al. *Sarcoidosis Vasc Diffuse Lung Dis* 23: 13-21, 2006)(6-10). Most MMPs including MMP2, MMP7, MMP8, and MMP9 are secreted as proenzymes with a signal sequence and pro peptide of about 80 amino acids that gets cleaved extracellularly upon activation. All members of the MMP family share a common catalytic core with a Zn²⁺ in its active site. The pro peptide domain contains a sequence (PRCGxPD) termed the cysteine switch which contains a conserved cysteine that is involved in chelating the active Zn²⁺ site. Full MMP activation is brought about by disruption of the cysteine-zinc interaction and removal of the pro peptide (Visse R, et al. *Circ Res* 92: 827-839, 2003).

[0005] Activated MMPs react rapidly with protease inhibitors including tissue inhibitor of metalloproteinases (TIMPs) and α_2 -macroglobulin in the blood. These protein complexes are removed from the circulatory system by hepatocyte-mediated endocytosis. This rapid clearance likely interferes with detection of the active MMP proteins in the urine or bloodstream resulting in the inability to accurately detect the total

amount of MMP activation occurring simply by measuring the steady state amount in biological fluids.

SUMMARY

[0006] Activation peptide concentration in urine is shown herein to be representative of total protease activation. Therefore detection of the activation peptides for MMPs will give a more accurate representation of MMP activation due to their simple renal clearance as opposed to the complex clearance mechanisms of the full length active MMPs. Because MMP activation contributes to disease initiation and progression, we feel that the accurate detection of activation of these proteases will be relevant clinically and may allow for earlier detection and/or following progression of lung injury associated, for example, with IPF and other diseases, such as HP (Hypersensitivity Pneumonitis), NSIP (Nonspecific Interstitial Pneumonia), COPD (Chronic Obstructive Pulmonary Disease), and sarcoidosis, in which lung injury occurs and MMP activation is observed.

[0007] Our experiments show that the activation peptides of MMPs are detectable in the urine via immunoassay (ELISA) in mice with lung injury (lung fibrosis) and human patients with IPF, and are at elevated levels compared to what is found in the urine of controls without pulmonary fibrosis. These data indicate that urine detection of MMP activation peptides is feasible and correlates with disease. Because MMP activation contributes to disease initiation and progression, accurate detection of activation of these proteases will be relevant clinically and should allow for earlier detection of disease as well as allow for prediction of acute exacerbations.

[0008] Thus provided is a method of identifying interstitial lung disease, monitoring interstitial lung disease progression, or determining effectiveness of treatment of an interstitial lung disease in a patient. The method comprises determining a level of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient, and identifying whether the patient has interstitial lung disease by determining if levels of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient exceed a threshold level indicative of interstitial lung disease. A kit also is provided, which comprises reagents useful in the methods described herein.

[0009] The methods described herein have significant advantages over methods that analyze MMP concentration in blood or BAL (bronchoalveolar lavage). Biological detection of the full-length protein can be altered based on confounding factors such as receptor mediated proteinase clearance. MMP activation peptide detection as described herein is not altered by these factors as the activation peptides are cleared through simple renal filtration as opposed to receptor mediated endocytosis. Also, detection of MMP activation peptides in the urine is less invasive, and often a cheaper sampling method.

BRIEF DESCRIPTION OF THE DRAWINGS

[0010] FIG. 1 provides a sequence of human MMP2 (UniProtKB/Swiss-Prot: P08253 (SEQ ID NO: 1, with bases 30-109 (bold) representing the MMP2 activation peptide for this sequence).

[0011] FIG. 2 provides a sequence of human MMP7 (UniProtKB/Swiss-Prot: P09237 (SEQ ID NO: 2, with bases 18-94 (bold) representing the MMP7 activation peptide for this sequence).

[0012] FIG. 3 provides a sequence of human MMP8 (UniProtKB/Swiss-Prot: P22894 (SEQ ID NO: 3, with bases 21-100 (bold) representing the MMP8 activation peptide for this sequence).

[0013] FIG. 4 provides a sequence of human MMP9 (UniProtKB/Swiss-Prot: P14780 (SEQ ID NO: 4, with bases 20-93 (bold) representing the MMP9 activation peptide for this sequence).

[0014] FIG. 5. Each of the MMP Activation Peptide ELISAs Were Independently Validated. Validation profiles of MMP activation peptide ELISAs. When determining precision, each of the assays had a coefficient of variance less than 10% in both the (A) inter-assay test and the (B) intra-assay test. (C) All four MMP activation peptide assays shared dilution linearity.

[0015] FIG. 6. MMP Activation Peptides are Detectable and Elevated in the Urine of Mice with Pulmonary Fibrosis. Activation peptides of MMP2, MMP7, MMP8 and MMP9 are detectable in the urine of mice via ELISA. All four are significantly increased in the urine of mice treated with bleomycin (black bars) or asbestos (gray bars) compared to the urine of control mice treated only with saline (white bars) (* $p < 0.05$).

[0016] FIGS. 7A-7C. Urine MMP Activation Peptides Distinguish IPF Patients From Controls. (FIG. 7A) The relative concentration of MMP2, MMP7, and MMP9 activation peptides are significantly higher in the urine of IPF patients ($n=42$) compared to the urine of healthy age matched controls ($n=30$) as detected by ELISA. (FIG. 7B) A classification tree obtained by CART when applied to relative urine MMP activation peptide concentration from IPF patients and controls shows that these markers can be used as classifiers to correctly identify IPF patients from controls. All data are presented as control/IPF and are based on urine MMP activation peptide levels divided by urine creatinine levels ($\mu\text{g/ml}$). (FIG. 7C) ROC curves for using each of the four markers, or their combination, to classify samples as IPF or control. Sensitivity, or true positive rate, is plotted on the y-axis, and false positive rate, or $1 - \text{specificity}$, is plotted on the x-axis. The area under each ROC curve is equal to the numerator of the Mann-Whitney U-statistic comparing the marker distributions between IPF and control samples.

[0017] FIG. 8 is a graph of the data provided in Table 3, illustrating MMP activation peptide levels in IPF patients versus healthy age-matched controls.

DETAILED DESCRIPTION

[0018] The use of numerical values in the various ranges specified in this application, unless expressly indicated otherwise, are stated as approximations as though the minimum and maximum values within the stated ranges are both preceded by the word “about”. In this manner, slight variations above and below the stated ranges can be used to achieve substantially the same results as values within the ranges. Also, unless indicated otherwise, the disclosure of these ranges is intended as a continuous range including every value between the minimum and maximum values.

[0019] As used herein, the term “patient” refers to members of the animal kingdom including but not limited to mammals

and human beings and is not limited to humans or animals in a doctor-patient or veterinarian-patient relationship.

[0020] “Interstitial Lung Disease” (also known as diffuse parenchymal lung disease) is a group of lung disorders which result in scarring and dysfunction of the alveolus (air sac) in the lung. Symptoms of interstitial lung disease typically arise secondary to fibrosis of the lung(s). This results in poor oxygen diffusion from the air into the bloodstream. Widespread inflammation in the lung can contribute to the fibrosis. Interstitial lung disease includes as a class: silicosis; asbestosis; berylliosis; hypersensitivity pneumonitis; drug induced interstitial lung disease from, for example, antibiotics, chemotherapeutic drugs, and antiarrhythmic agents; systemic sclerosis; polymyositis; dermatomyositis; systemic lupus erythematosus; rheumatoid arthritis; atypical pneumonia; pneumocystis pneumonia (PCP); tuberculosis; sarcoidosis; idiopathic pulmonary fibrosis (IPF); hamman-rich syndrome IPF is a form of interstitial lung disease. There are several idiopathic forms of interstitial lung diseases, including and without limitation: usual interstitial pneumonia (UIP), which is now synonymous with idiopathic pulmonary fibrosis (IPF); interstitial pneumonitis; nonspecific interstitial pneumonitis; bronchiolitis obliterans with organizing pneumonia (BOOP); respiratory bronchiolitis-associated interstitial lung disease; desquamative interstitial pneumonitis; lymphocytic interstitial pneumonitis; and acute interstitial pneumonitis.

[0021] MMP2 refers to human matrix metalloproteinase 2 (gelatinase A, 72 kDa gelatinase, 72 kDa type IV collagenase), GeneID: 4313, UniProtKB/Swiss-Prot: P08253 (FIG. 1, SEQ ID NO: 1), OMIM 120360 and GenBank Accession Nos. NM_001127891 (isoform b), NP_001121363 (isoform b), NM_004530 (isoform a), and NP_004521 (isoform a). These are exemplary sequences.

[0022] MMP7 refers to human matrix metalloproteinase 7 (matrilysin, uterine), GeneID: 4316, UniProtKB/Swiss-Prot: P09237 (FIG. 2, SEQ ID NO: 2), OMIM 178990 and GenBank Accession Nos. NM_002423 and NP_002414. These are exemplary sequences.

[0023] MMP8 refers to human matrix metalloproteinase 8 (neutrophil collagenase), GeneID: 4317, UniProtKB/Swiss-Prot: P22894 (FIG. 3, SEQ ID NO: 3), OMIM 120355 and GenBank Accession Nos. NM_002424 and NP_002415. These are exemplary sequences.

[0024] MMP9 refers to human matrix metalloproteinase 9 (gelatinase B, 92 kDa gelatinase, 92 kDa type IV collagenase), GeneID: 4318, UniProtKB/Swiss-Prot: P14780 (FIG. 4, SEQ ID NO: 4), OMIM 120361 and GenBank Accession Nos. NM_004994 and NP_004985. These are exemplary sequences.

[0025] An MMP activation peptide is a polypeptide or propeptide cleaved from a MMP upon activation. As indicated below, examples of MMP activation peptides include:

MMP2 activation peptide:
(SEQ ID NO: 1, bases 30-109)
APSPIIKFPDGVAPKTDKELAVQYLNFTFYGCPKESCNLFVLKDTLKKMQ
KFFGLPQGTGDLQNTIETMRKPRCGNPDVAN;

-continued

MMP7 activation peptide:
 (SEQ ID NO: 2, bases 18-94)
 LPLPQEAGGMSELQWEQAQDYLRKRFYLYDSETKNANSLEAKLKEMQKFF
 GLPITGMLNSRVIEIMQKPRCGVPDVAE;
 MMP8 activation peptide:
 (SEQ ID NO: 3, bases 21-100)
 FPVSSKEKNTKTVDYLEKPYQLPSNQYQSTRKNGTNVIVEKLEKEMQRF
 FGLNVTGKPNNEETLDMMKKPRCGVPDSGGFM;
 and
 MMP9 activation peptide:
 (SEQ ID NO: 4, bases 20-93)
 APRQRQSTLVLPFGDLRNLNDRQLAEYLYRYGYTRVAEMRGESKSLG
 PALLLLQKQLSLPETGELDSATLKA.

[0026] Binding reagents specific to MMP2, 7, 8 and/or 9 activation peptides bind to and are specific to these polypeptides. Polyclonal or monoclonal antibodies specific to these MMP activation peptides are commercially available or may be readily raised to these polypeptides using standard methods for preparing polyclonal serum, monoclonal antibodies other binding reagents according to common methods known in the relevant arts.

[0027] An “immunoassay” is a qualitative and quantitative assay that detects and can quantify an amount of a particular compound, protein, polypeptide, molecule, etc. (collectively “ligand”) in a biological sample, such as a urine, serum, blood, BAL, CSF (cerebrospinal fluid), saliva, or other samples taken from a patient, including refined preparations prepared from those biological samples, such as protein preparations, protein concentrates, fractions (e.g., prepared by size exclusion or affinity chromatography, precipitation, electrophoresis or any other method of separating a total protein preparation into two or more parts), filtration filtrates and residues, etc. In an immunoassay, binding or competition with binding of a ligand, such as one of MMP2, MMP7, MMP8, or MMP9 activation peptides (collectively “MMP activation peptides”), to a binding partner thereof, is detected and quantified. A large number of immunoassays useful in the methods described herein are known to those of ordinary skill in the fields of immunology, medical diagnostic, medicine, etc. An ELISA (Enzyme-Linked ImmunoSorbent Assay) is used in the examples, below to quantify MMP activation peptides. Other non-limiting examples of immunoassays include competitive and “sandwich” assays and include: enzyme-linked immunosorbent assay (ELISA), radioimmunoassay (RIA), agglutination test, competitive binding assay, bead-based assay, radioimmunoprecipitation assay, colloidal gold assays, lateral flow assay, fluorescence polarization assay, immunofluorescence assay, Western Blot, mass spectrometry, nuclear magnetic resonance, and chemiluminescence assay. Further the assays may be conducted in a variety of manners, including as a stand-alone assay or in an array.

[0028] The term “binding reagent” and like terms, refers to any compound, composition or molecule capable of specifically (“specifically” includes substantially specifically, that is, with limited cross-reactivity that does not interfere with the ability of the binding reagent to function in a given assay within acceptable tolerances) binding another compound or molecule (its “binding partner”), which, in the case of immune-recognition contains an epitope. In many instances,

the binding reagents are antibodies, such as polyclonal or monoclonal antibodies. “Binding reagents” also include derivatives or analogs of antibodies, including without limitation: Fv fragments; single chain Fv (scFv) fragments; Fab' fragments; F(ab')₂ fragments; humanized antibodies and antibody fragments; camelized antibodies and antibody fragments; and multivalent versions of the foregoing. Multivalent binding reagents also may be used, as appropriate, including without limitation: monospecific or bispecific antibodies, such as disulfide stabilized Fv fragments, scFv tandems ((scFv) fragments), diabodies, tribodies or tetrabodies, which typically are covalently linked or otherwise stabilized (i.e., leucine zipper or helix stabilized) scFv fragments, etc. “Binding reagents” also include aptamers, as are described in the art. Binding partners, such as, without limitation, biotin/avidin, receptor/substrate combinations and ligand/binding partner combinations also are considered to be within the class of “binding reagents.” Antibodies and their respective antigens also are considered to be binding partners.

[0029] Binding reagents, such as antibodies, can be labeled by any useful method for detecting binding. For example and without limitation, reagent/antibody-labeling techniques are known for use in ELISA assays, including direct and indirect assays, sandwich-based assays, and competitive assays. Labels of antibodies include, without limitation, fluorophores, radioactive compounds, chemiluminescent compounds, chromatographic compounds, nanoparticles, colloids, beads, enzymes to cleave detectable substrates, and additional antibodies. In one embodiment, an antibody is labeled with an enzyme. Enzymes labeled to the antibody can be one or more of any known in the art. For example and without limitation, enzymes include horseradish peroxidase, glucose oxidase, beta galactosidase, beta lactamase, collagenase, and alkaline phosphatase. The antibody can be detected by using an enzyme-cleavable substrate and measuring the signal that arises from the substrate. The substrate can be a chromogenic or fluorogenic substrate. For example and without limitation, substrates include 3,3',5,5'-tetramethylbenzidine, diaminobenzidine, 2,2'-azino-bis-(3-ethylbenzothiazoline-6-sulfonic), fluorescein diphosphate, o-phenylenediamine, hydrogen peroxide, glucose, resorufin beta-D-galactopyranoside, fluorescein digalactoside, and p-nitrophenylphosphate.

[0030] In use, a binding reagent can be attached to a surface. In one embodiment, the binding reagent can be attached to a particle. For example and without limitation, particles include those comprising glass, polystyrene, polypropylene, polyethylene, dextran, nylon, amylases, natural and modified celluloses, polyacrylamides, agaroses, and magnetite. In another embodiment, the binding reagent can be attached to nanoparticles. In yet another embodiment, the binding reagent can be attached to a surface of a container. For example and without limitation, containers include microtiter plates, (multi) well plates, tubes, and petri dishes. In another embodiment, the binding reagent can be attached to a planar surface. For example and without limitation, surfaces include silicon chips, matrices of fibers, hydrogels, and membranes. Examples of fibers include, without limitation, nitrocellulose, cellulose, microcellulose, methylcellulose, carboxymethylcellulose, starch, vinylalcohol, vinylpyrrolidone, polyvinylalcohol, poly(ethylene glycol), collagen, and gelatin.

[0031] An “array” refers either to a set of binding reagents immobilized onto one or more substrates so that each binding reagent is at a known location or a multi-chambered apparatus

containing two or more discrete, identifiable reaction chambers, such as, without limitation a 96-well dish, in which reactions comprising identified constituents are performed. In an exemplary embodiment, a set of binding reagents is immobilized onto a surface in a spatially addressable manner so that each individual binding reagent is located at a different and identifiable location on the substrate. Substrates include, without limitation, multi-well plates and beads. In one embodiment, the beads contain a marker, such as a quantum dot or fluorescent tag, so that they are individually identifiable.

[0032] A method of quantifying activated MMP levels in urine may be performed in any feasible manner, as a single assay, in series or in parallel. Parallel screening may be performed in a multi-well dish, such as, without limitation a 96-well dish. Samples can be individually screened by binding reagent-MMP-binding in combination with any suitable binding detection method. Reactions can be performed in a suitable multi-well plate, for example and without limitation a 96-well plate or a 384-well plate. The choice of a suitable multi-well plate or reaction chamber is a matter of experimental design choice and depends on the nature of the assay, the number of assays to be run and the equipment available to perform the assay and detect binding of the reaction constituents. Fluorescence, color changes and/or luminescence can be detected using any one of a number of plate readers commercially available, such as, without limitation, TopCount NXT™ Microplate Scintillation and Luminescence Counters (PerkinElmer, Waltham, Massachusetts). Reactions can be wholly or partially automated using any one of a number of automated or semi-automated robotic fluid-handling devices available commercially.

[0033] In one embodiment, the methods described herein comprise determining levels of one or more of MMP2, MMP7, MMP8 or MMP9 activation peptides (propeptides), or combinations thereof in urine in a patient and identifying if one or more of MMP2, MMP7, MMP8 or MMP9 activation peptides (propeptides), or combinations thereof, in urine of the patient are elevated as compared to levels in a normal control (for example, values exceed a threshold level) as indicating the presence of interstitial lung disease, such as IPF, in the patient. In one embodiment, the levels are normalized to renal function in the patient, meaning they are adjusted based on a level of one or more constituents of urine that indicates kidney function. In the examples below, the concentration of the MMP activation peptides is normalized to creatinine levels in the urine samples from the patients, and values are expressed as a ratio of [MMP activation peptide]/[creatinine] (a ratio of the concentration of a MMP activation peptide to the concentration of creatinine, e.g., in ng/mL). Although preferable in many instances, the assays described herein are normalized to an indicator of kidney function. The methods are useful in identifying interstitial lung disease, monitoring interstitial lung disease progression, or determining effectiveness of treatment of an interstitial lung disease in a patient. In one embodiment, the patient is a human patient.

[0034] In one embodiment, values of MMP activation peptides are normalized, with threshold or cutoff values (values above which there is a statistically significant increased risk of pulmonary injury) for the MMP activation peptides being:

- [0035]** [MMP2 activation peptide]/[creatinine] ≥ 0.6 ;
- [0036]** [MMP7 activation peptide]/[creatinine] ≥ 1.255 ;
- [0037]** [MMP8 activation peptide]/[creatinine] ≥ 0.195 ;
- and
- [0038]** [MMP9 activation peptide]/[creatinine] ≥ 1.135 .

Combinations of two or more of the above would increase the statistical significance of the results.

[0039] In one example, normalized levels of MMP activation peptides are used to define statistically significant thresholds or cutoffs indicative of lowered risk (or lack of risk) of interstitial lung disease in a patient. Thresholds for lowered risk of interstitial lung disease (e.g., IPF) include one or more of:

- [0040]** [MMP7 activation peptide]/[creatinine] < 1.255 ;
- [0041]** [MMP7 activation peptide]/[creatinine] ≥ 1.255 , [MMP9 activation peptide]/[creatinine] < 1.135 and [MMP8 activation peptide]/[creatinine] < 0.195 ; or
- [0042]** [MMP7 activation peptide]/[creatinine] ≥ 1.255 , [MMP9 activation peptide]/[creatinine] ≥ 1.135 and [MMP2 activation peptide]/[creatinine] < 0.6 .
- [0043]** Exemplary thresholds for interstitial lung disease (e.g., IPF) in the patient include one or more of:
- [0044]** [MMP7 activation peptide]/[creatinine] ≥ 1.255 , [MMP9 activation peptide]/[creatinine] < 1.135 and [MMP8 activation peptide]/[creatinine] ≥ 0.195 ; or
- [0045]** [MMP7 activation peptide]/[creatinine] ≥ 1.255 , [MMP9 activation peptide]/[creatinine] ≥ 1.135 and [MMP2 activation peptide]/[creatinine] ≥ 0.6 .

[0046] In another embodiment, values of MMP activation peptides are not normalized, with threshold or cutoff values (values above which there is a statistically significant increased likelihood of interstitial lung disease (e.g., IPF)) for the MMP activation peptides in ng/mL being:

- [0047]** MMP2 > 0.780 ng/mL;
- [0048]** MMP7 > 1.225 ng/mL;
- [0049]** MMP8 > 0.440 ng/mL; and
- [0050]** MMP9 > 1.240 ng/mL.

Combinations of two or more of the above would increase the statistical significance of the results.

[0051] It should be noted that the values and ratios provided are merely exemplary and mathematically can be expressed in a large variety of ways. For example 10 ng/mL can be expressed as 10000 pg/mL or 0.01 μ g/mL. Likewise the ratio of [MMP activation peptide]/[creatinine] can be expressed as its inverse; that is, [creatinine]/[MMP activation peptide]. Thus the cutoff of [MMP9 activation peptide]/[creatinine] < 1.135 would be [creatinine]/[MMP9 activation peptide] $> 1/1.135$ (or 0.881).

[0052] The degree to which the levels of the one or more MMP activation peptides are elevated in order to identify interstitial lung disease (e.g., IPF) in a patient are determined experimentally, as is demonstrated herein, and are statistically significant. By "statistically significant" it is meant that, irrespective of the mathematical/statistical methodology used, the levels or cutoffs used to distinguish increased risk versus less risk of interstitial lung disease in a patient yield clinically acceptable results are capable of distinguishing risk versus lack of risk in more than 50%, 60%, 70%, 75%, 80%, 90%, 95%, 97% or 90% of patients. While clinical assays rarely are 100% accurate, 90% or greater accuracy in diagnosis of risk is preferred. Thus, the exemplary cutoffs presented in FIG. 3B, expressed in terms of cutoffs presented as the normalized ratio of [MMP activation protein in ng/mL]/[creatinine in mg/mL] is statistically significant as the accuracy (e.g., the specificity and selectivity) of the described cutoffs in distinguishing individuals having interstitial lung disease, from individuals at lower risk is above clinically-acceptable levels. A patient fitting into the high risk profile as

indicated by levels of the respective MMP activation peptides as shown in FIG. 3B, is preferably treated medically for IPF or pulmonary injury.

[0053] In one embodiment, the step of detection of levels of one or more of MMP2, MMP7, MMP8 or MMP9 is performed and the values are either automatically or manually entered into a computer process (a software and/or hardware-implemented computer task implemented in/on/by a computing device, e.g. a personal computer, laptop, PDA, smart phone). The process comprises computer code, functions, algorithms, etc., that compares data to threshold data values input and/or stored within or configured into the process and outputs the data and optionally a outputs values/data/indicia indicating risk of interstitial lung disease in a useful form, such as a printout or visual display and/or stores the data and/or results of analysis of the data in a computer-readable form, such as on a optical disc (e.g., CD or DVD), hard drive, ROM, RAM, memory card, networked drive, tape drive, etc. Design and implementation of useful processes is well within the abilities of those of ordinary skill in the art of computer software/process design.

Example

Methods

[0054] Reagents—All antibodies were commercially available. A rabbit polyclonal to the MMP8 propeptide domain was obtained from Abcam (Cambridge, Mass.). A mouse monoclonal antibody to the N-terminus of MMP2 (APSPI-KFPGDVAPKTDK, SEQ ID NO: 1, bases 30-47) was obtained from Thermo Scientific (Fremont, Calif.). A rabbit monoclonal antibody to the propeptide domain of MMP9 was obtained from Novus Biologicals (Littleton, Colo.). MMP7 propeptide antibody was obtained from R&D Systems (Minneapolis, Minn.). Polypeptides corresponding to the N-terminus of each MMP propeptide (activation peptide) were synthetically made by Genscript (MMP2, 7, 9) (Piscataway, N.J.) or Abcam (MMP8) (Cambridge, Mass.). All antibodies cross react with human and mouse.

[0055] Patient urine collection and processing—Sixty eight samples were analyzed in this study, including samples from patients diagnosed with IPF (n=42) and controls (n=30). IPF groups and controls were comparable with respect to age both in terms of the mean (64, 59) and the range (40-81, 50-82). Control urine was purchased from Bioreclamation Inc. (Hicksville, N.Y.). Samples were collected in sterile containers and immediately frozen at -20° C. The samples were thawed, and creatinine concentrations were determined according to manufacturer's instructions (R&D Systems Minneapolis, Minn.). Urine containing blood or leukocytes as determined by Multistix 9 Urinalysis Strips (Bayer) was excluded. Protein concentration of urine was determined by the Bradford method using bovine serum albumin as the standard. Urine samples were centrifuged using Microcon Centrifugal Filter Devices Ultracel YM-10 (Millipore Corporation, Billerica, Mass.). Retentate was discarded and flow through (<10 kd) was used for analysis.

[0056] Enzyme-linked Immunosorbent Assays (ELISAs)—Costar 96-well RIA/EIA plates (Costar, Cambridge, Mass.) were incubated overnight at 4° C. with sample to be tested, in a total volume of 50 µl. Wells containing known concentrations of activation peptide were simultaneously analyzed. Coated plates were washed and blocked with PBS 1% BSA, 5% sucrose, 0.05% NaN₃ (blocking buffer) for 2

hours at 37° C. Plates were washed with blocking buffer then incubated with 100 µl of MMP antisera specific to the activation peptide of interest diluted in blocking buffer for 1 h at 37° C. The plates were washed and incubated for 1 hr using 100 µl (1/2000 dilution) of Horseradish peroxidase coupled antibody (either anti-mouse IgG or anti-rabbit IgG). After washing with blocking buffer and PBS, the substrate o-Phenylenediamine Dihydrochloride (Sigma) was added. Horseradish peroxidase activity was read at 450 nm using a THERMOmax microplate reader (Molecular Devices, Menlo Park, Calif.).

[0057] Mouse treatment and urine collection—8-10 wk. old male C57BL/6 mice (Taconic, Germantown, N.Y.) were treated with a single 0.1-mg dose of crocidolite asbestos, 0.05 units of Bleomycin, or 0.9% Saline by intratracheal instillation as previously described (12). Each mouse was individually placed in a plastic beaker and allowed to urinate. Immediately after urination, the mouse was removed and the voided urine was aspirated and transferred into a sterile micro-centrifuge tube. Samples were taken at day 0 prior to treatment and everyday following treatment. Urine volumes ranged from 10 µl-300 µl per mouse. Samples were processed and stored as described for human samples.

[0058] Statistical Methods—Data are presented as mean±standard deviation. The Wilcoxon rank-sum test was used to identify which of the four markers univariately distinguish IPF samples from controls. Data were analyzed using the R language for statistical computing (<http://www.r-project.org/>) (13). Classification and regression trees (CART) methodology was used to identify potential combinations of markers that could be used to distinguish IPF from controls. CART was performed using the rpart package for recursive partitioning. Classification performance was assessed using the ROCR package (<http://rocr.bioinf.mpi-sb.mpg.de/>).

Results

[0059] ELISA validation—MMP2, 7, 8, and 9 map to different chromosome regions of the human genome but are individually conserved across species with 79% (MMP2), 75% (MMP7), 80% (MMP8) and 96% (MMP9) homology to the respective mouse MMP. The protein structure of human MMPs includes a pro domain that consists of 80 to 90 amino acids (TABLE 1). The pro domain or activation peptide is cleaved from the latent protein upon activation and is detectable in the urine of mice and humans. To quantitate the release of MMP activation peptides into the urine, antibodies against the pro domain of each MMP were used.

TABLE 1

Human MMP Characteristics		
Enzyme	Family name	Mol. Wt. (Pro peptide)
MMP2	Gelatinase	8934.42
MMP7	Matriysin	8822.25
MMP8	Collagenase	9210.61
MMP9	Gelatinase	8339.62

[0060] The determined sensitivity of the assay is <1 ng/ml. Standard curves were generated using serial dilutions of synthetic peptide corresponding to the pro peptide domain of MMP2, MMP7, MMP8, and MMP9 in phosphate buffered saline (PBS) starting with 10 ng/ml for MMP2, 7, and 8 activation peptides, and 1 ng/ml for MMP9 activation peptide

(data not shown). Sensitivity of these assays was defined as the lowest MMP activation peptide concentration that could be differentiated from zero (assay blank/PBS) by Student's t-test.

[0061] The reproducibility of the assay is determined by assessing the precision profile by using urine samples that were known to be positive for each MMP activation peptide assayed at a concentration above the midpoint of the detection range. Inter- and intra-assay CVs ranged from 5.7% to 7.9% (n=10) and from 6.3% to 9.9% (n=2 in 10 different plates), respectively (FIG. 5A, B).

[0062] To determine the dilution linearity we used a known positive urine sample containing between 2 and 3.5 ng/ml corresponding to medium concentrations of MMP activation peptide and diluted it 1:5, 1:10, and 1:20, the sample gave results close to linearity ($r=0.95-0.99$) (FIG. 5C).

[0063] Activation peptides from MMP2, MMP7, MMP8, and MMP9 are increased in the urine of mice following pulmonary injury—To determine if the activation peptides of MMP2, MMP7, MMP8 and MMP9 are detectable in the urine of mice following pulmonary injury we used the same ELISA used for the human samples. For this study we collected urines from C57BL/6 mice prior to and following asbestos and bleomycin induced pulmonary injury. The mice were treated intratracheally with either 0.1-mg of asbestos, 0.05 units of bleomycin, or saline only. Urines were collected at day 0 prior to treatment and then everyday post treatment. Our results show that all of the markers assessed are significantly increased in the urine of mice with pulmonary injury compared to the urine of mice treated only with saline Δ day 14, when it has been shown that these mouse models are exhibiting detectable fibrosis, it is clear that the activation peptide levels are significantly increased in the urines of the injured mice compared to controls (FIG. 6).

[0064] Patient characteristics—Demographic data, urine MMP activation peptide concentrations, urine creatinine levels and pulmonary function test results are summarized in Table 2. IPF patients were diagnosed via lung biopsy or radiographic evidence and normal controls (NC) were healthy age range matched with a similar gender distribution. Pulmonary function tests reveal that there is no significant correlation between urine MMP activation peptide concentrations and forced vital capacity (FVC %) or carbon monoxide diffusing capacity (DL_{CO} %).

TABLE 2

Patient Characteristics and MMP Activation Peptide Levels		
Variable	IPF	NC
Age	65.7 ± 11.4	59.5 ± 8.8
Sex, male/female	38/5 ??	24/6
Creatinine	183.3 ± 74.2	132 ± 75.5
PFT Fvc %	66.74 ± 13.94	—
PFT DLCo %	50.49 ± 17.23	—
[MMP2 activation peptide]*	2.6 ± 2.0	.76 ± .61
[MMP7 activation peptide]*	3.6 ± 2.6	.97 ± 1.0

TABLE 2-continued

Patient Characteristics and MMP Activation Peptide Levels		
Variable	IPF	NC
[MMP8 activation peptide]*	.88 ± 1.0	0.6 ± .74
[MMP9 activation peptide]*	3.3 ± 2.4	.87 ± 1.1

[0065] MMP activation peptide concentrations are different between IPF patients and controls—To determine whether urine MMP2, MMP7, MMP8, and MMP9 activation peptide concentrations were higher in IPF patients compared to controls, we measured their levels in 42 patients with IPF and 30 healthy age range matched controls via ELISA. The resulting concentrations are relative to each patient's urine creatinine level. Univariately, the relative urine concentrations of the activation peptides of MMP2 ($p<0.001$), MMP7 ($p<0.001$), and MMP9 ($p<0.001$) are significantly higher in IPF patients compared to controls (FIG. 7A). MMP8 activation peptide levels were slightly increased in IPF urines but not significantly.

[0066] We used recursive partitioning (CART) to determine whether these 4 markers in the urine comprise a combinatorial classifier to correctly classify IPF patients from controls. The results suggest that these markers in the urine can be used to distinguish IPF from control with high sensitivity (97.6% CI (0.874, 0.999)) and specificity (96.7% CI (0.828, 0.999)). Low relative concentrations of MMP7 activation peptide alone (≤ 1.255) correctly exclude 41 of 42 IPF patients but incorrectly classify 1 normal sample as IPF and 1 IPF sample as control whereas the combination of high relative urine concentrations of MMP7 (≥ 1.255), MMP2 (≥ 0.985), and MMP9 (≥ 1.135) exclude all controls but 1. Therefore, if MMP7 is low, then a randomly selected case is almost guaranteed not to be an IPF patient (FIG. 7B). Further, if MMPs 7, 9, and 2 are all simultaneously high, a randomly selected case is almost guaranteed to be an IPF patient. Relative urine concentrations of MMP8 activation peptide are not independently important. Receiver operating characteristic curves (ROCS) agree that a combination of the four markers, most significantly the combination of the activation peptides of MMP2, MMP7, and MMP9 correctly classify IPF patients from controls (FIG. 7C).

[0067] Table 3 (see also FIG. 8) provides raw data for the MMP activation peptide levels described above. Of note, even without normalization, quantification of levels of MMP activation peptide levels can be used clinically to classify patients having interstitial lung disease (e.g., IPF) and lower risk of interstitial lung disease (e.g., IPF). The following cutoffs are capable of classifying patients having higher and lower risk of pulmonary injury.

TABLE 3

	MMP2 NC	MMP2 IPF	MMP7 NC	MMP7 IPF	MMP8 NC	MMP8 IPF	MMP9 NC	MMP9 IPF
Number of values	30	42	30	42	30	42	30	42

TABLE 3-continued

	MMP2 NC	MMP2 IPF	MMP7 NC	MMP7 IPF	MMP8 NC	MMP8 IPF	MMP9 NC	MMP9 IPF
Minimum	0.04	0.25	0.06	0.69	0	0	0	0.55
25% Percentile	0.415	0.955	0.325	1.668	0.215	0.07	0.1925	1.903
Median	0.715	1.78	0.89	3.155	0.31	0.58	0.79	2.62
75% Percentile	1.36	4.598	1.633	6.108	1.053	1.685	1.153	4.57
Maximum	2.89	9.85	3.68	21	2.35	4.53	4.4	15.13
Mean	0.9053	3.067	1.015	4.329	0.6783	0.9917	0.899	3.82
Std. Deviation	0.7278	2.758	0.8476	3.8	0.7279	1.159	0.9453	3.353
Std. Error	0.1329	0.4256	0.1548	0.5863	0.1329	0.1788	0.1726	0.5173
Lower 95% CI of mean	0.6336	2.207	0.6981	3.145	0.4065	0.6305	0.546	2.775
Upper 95% CI of mean	1.177	3.926	1.331	5.513	0.9501	1.353	1.252	4.865
Sum	27.16	128.8	30.44	181.8	20.35	41.65	26.97	160.4

[0068] Table 4 provides examples of clinically relevant cut-off (threshold values, above which a patient exhibits increased risk of having or developing IPF) values along with their respective sensitivity/specificity values. These data were obtained via ROC curve analysis (similar to FIG. 7C). Statistical analysis using CART analysis (as in FIG. 7B) is expected to yield cutoffs with higher sensitivity and specificity.

TABLE 4

	Cutoff (ng/ml)	Sensitivity %	95% CI	Specificity %	95% CI	Likelihood ratio
MMP2	>0.780	85.71	71.46% to 94.57%	63.33	43.86% to 80.07%	2.34
MMP7	>1.225	88.1	74.37% to 96.02%	70	50.60% to 85.27%	2.94

TABLE 4-continued

	Cutoff (ng/ml)	Sensitivity %	95% CI	Specificity %	95% CI	Likelihood ratio
MMP8	>0.440	59.52	43.28% to 74.37%	60	40.60% to 77.34%	1.49
MMP9	>1.240	85.71	71.46% to 94.57%	83.33	65.28% to 94.36%	5.14

[0069] Having described this invention above, it will be understood to those of ordinary skill in the art that the same can be performed within a wide and equivalent range of conditions, formulations and other parameters without affecting the scope of the invention or any embodiment thereof.

SEQUENCE LISTING

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Cys Asn Leu Phe Val Leu Lys Asp Thr Leu Lys Lys Met Gln Lys Phe
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Asp	Leu	Lys	Trp	His	His	His	Asn	Ile	Thr	Tyr	Trp	Ile	Gln	Asn	Tyr
		115					120					125			
Ser	Glu	Asp	Leu	Pro	Arg	Ala	Val	Ile	Asp	Asp	Ala	Phe	Ala	Arg	Ala
	130					135					140				

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Phe	Ala	Leu	Trp	Ser	Ala	Val	Thr	Pro	Leu	Thr	Phe	Thr	Arg	Val	Tyr
145				150						155					160
Ser	Arg	Asp	Ala	Asp	Ile	Val	Ile	Gln	Phe	Gly	Val	Ala	Glu	His	Gly
			165						170					175	
Asp	Gly	Tyr	Pro	Phe	Asp	Gly	Lys	Asp	Gly	Leu	Leu	Ala	His	Ala	Phe
			180					185					190		
Pro	Pro	Gly	Pro	Gly	Ile	Gln	Gly	Asp	Ala	His	Phe	Asp	Asp	Asp	Glu
		195					200					205			
Leu	Trp	Ser	Leu	Gly	Lys	Gly	Val	Val	Val	Pro	Thr	Arg	Phe	Gly	Asn
	210					215					220				
Ala	Asp	Gly	Ala	Ala	Cys	His	Phe	Pro	Phe	Ile	Phe	Glu	Gly	Arg	Ser
225					230					235					240
Tyr	Ser	Ala	Cys	Thr	Thr	Asp	Gly	Arg	Ser	Asp	Gly	Leu	Pro	Trp	Cys
				245					250					255	
Ser	Thr	Thr	Ala	Asn	Tyr	Asp	Thr	Asp	Asp	Arg	Phe	Gly	Phe	Cys	Pro
			260					265					270		
Ser	Glu	Arg	Leu	Tyr	Thr	Gln	Asp	Gly	Asn	Ala	Asp	Gly	Lys	Pro	Cys
		275					280					285			
Gln	Phe	Pro	Phe	Ile	Phe	Gln	Gly	Gln	Ser	Tyr	Ser	Ala	Cys	Thr	Thr
	290					295					300				
Asp	Gly	Arg	Ser	Asp	Gly	Tyr	Arg	Trp	Cys	Ala	Thr	Thr	Ala	Asn	Tyr
305					310					315					320
Asp	Arg	Asp	Lys	Leu	Phe	Gly	Phe	Cys	Pro	Thr	Arg	Ala	Asp	Ser	Thr
				325					330					335	
Val	Met	Gly	Gly	Asn	Ser	Ala	Gly	Glu	Leu	Cys	Val	Phe	Pro	Phe	Thr
			340					345					350		
Phe	Leu	Gly	Lys	Glu	Tyr	Ser	Thr	Cys	Thr	Ser	Glu	Gly	Arg	Gly	Asp
		355					360					365			
Gly	Arg	Leu	Trp	Cys	Ala	Thr	Thr	Ser	Asn	Phe	Asp	Ser	Asp	Lys	Lys
	370					375					380				
Trp	Gly	Phe	Cys	Pro	Asp	Gln	Gly	Tyr	Ser	Leu	Phe	Leu	Val	Ala	Ala
385					390					395					400
His	Glu	Phe	Gly	His	Ala	Leu	Gly	Leu	Asp	His	Ser	Ser	Val	Pro	Glu
				405					410					415	
Ala	Leu	Met	Tyr	Pro	Met	Tyr	Arg	Phe	Thr	Glu	Gly	Pro	Pro	Leu	His
			420					425					430		
Lys	Asp	Asp	Val	Asn	Gly	Ile	Arg	His	Leu	Tyr	Gly	Pro	Arg	Pro	Glu
	435					440						445			
Pro	Glu	Pro	Arg	Pro	Pro	Thr	Thr	Thr	Thr	Pro	Gln	Pro	Thr	Ala	Pro
	450					455					460				
Pro	Thr	Val	Cys	Pro	Thr	Gly	Pro	Pro	Thr	Val	His	Pro	Ser	Glu	Arg
465					470					475					480
Pro	Thr	Ala	Gly	Pro	Thr	Gly	Pro	Pro	Ser	Ala	Gly	Pro	Thr	Gly	Pro
				485					490					495	
Pro	Thr	Ala	Gly	Pro	Ser	Thr	Ala	Thr	Thr	Val	Pro	Leu	Ser	Pro	Val
			500					505					510		
Asp	Asp	Ala	Cys	Asn	Val	Asn	Ile	Phe	Asp	Ala	Ile	Ala	Glu	Ile	Gly
		515					520					525			
Asn	Gln	Leu	Tyr	Leu	Phe	Lys	Asp	Gly	Lys	Tyr	Trp	Arg	Phe	Ser	Glu
	530					535					540				
Gly	Arg	Gly	Ser	Arg	Pro	Gln	Gly	Pro	Phe	Leu	Ile	Ala	Asp	Lys	Trp

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545	550	555	560
Pro Ala Leu Pro Arg Lys Leu Asp Ser Val Phe Glu Glu Pro Leu Ser	565	570	575
Lys Lys Leu Phe Phe Phe Ser Gly Arg Gln Val Trp Val Tyr Thr Gly	580	585	590
Ala Ser Val Leu Gly Pro Arg Arg Leu Asp Lys Leu Gly Leu Gly Ala	595	600	605
Asp Val Ala Gln Val Thr Gly Ala Leu Arg Ser Gly Arg Gly Lys Met	610	615	620
Leu Leu Phe Ser Gly Arg Arg Leu Trp Arg Phe Asp Val Lys Ala Gln	625	630	635
Met Val Asp Pro Arg Ser Ala Ser Glu Val Asp Arg Met Phe Pro Gly	645	650	655
Val Pro Leu Asp Thr His Asp Val Phe Gln Tyr Arg Glu Lys Ala Tyr	660	665	670
Phe Cys Gln Asp Arg Phe Tyr Trp Arg Val Ser Ser Arg Ser Glu Leu	675	680	685
Asn Gln Val Asp Gln Val Gly Tyr Val Thr Tyr Asp Ile Leu Gln Cys	690	695	700
Pro Glu Asp			
705			

We claim:

1. A method of identifying interstitial lung disease, monitoring interstitial lung disease progression, or determining effectiveness of treatment of an interstitial lung disease in a patient, comprising determining a level of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient, and identifying whether the patient has interstitial lung disease by determining if levels of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient exceed a threshold level indicative of interstitial lung disease.

2. The method of claim 1, wherein the interstitial lung disease includes fibrosis.

3. The method of claim 1, wherein the interstitial lung disease is idiopathic pulmonary fibrosis (IPF).

4. The method of claim 1, comprising determining a level of one or more of MMP2 activation peptide, MMP7 activation peptide and MMP9 activation peptide in urine of the patient and identifying whether the patient has interstitial lung disease by determining if levels of one or more of MMP2 activation peptide, MMP7 activation peptide and MMP9 activation peptide in urine of the patient exceed a threshold level indicative of interstitial lung disease.

5. The method of claim 3, comprising determining levels of MMP2 activation peptide, MMP7 activation peptide and MMP9 activation peptide in urine of the patient and identifying whether the patient has interstitial lung disease by determining if levels of MMP2 activation peptide, MMP7 activation peptide and MMP9 activation peptide in urine of the patient exceed a threshold level indicative of interstitial lung disease.

6. The method of claim 1, further comprising normalizing the determined levels of one or more of MMP2 activation

peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient to an indicator of kidney function, and identifying whether the patient has interstitial lung disease by determining if the normalized levels of one or more of MMP2, MMP7, MMP8 and MMP9 in urine of the patient exceed a threshold level indicative of interstitial lung disease.

7. The method of claim 6, wherein the indicator of kidney function is creatinine concentration in the patient's urine.

8. The method of claim 7, wherein the normalized levels of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide are expressed as $[\text{MMP activation peptide}]/[\text{creatinine}]$ in the patient's urine.

9. The method of claim 6, in which one of:

a. $[\text{MMP7 activation peptide}]/[\text{creatinine}] < 1.255$;

b. $[\text{MMP7 activation peptide}]/[\text{creatinine}] \geq 1.255$, $[\text{MMP9 activation peptide}]/[\text{creatinine}] < 1.135$ and $[\text{MMP8 activation peptide}]/[\text{creatinine}] < 0.195$; or

c. $[\text{MMP7 activation peptide}]/[\text{creatinine}] \geq 1.255$, $[\text{MMP9 activation peptide}]/[\text{creatinine}] \geq 1.135$ and $[\text{MMP2 activation peptide}]/[\text{creatinine}] < 0.6$

in urine of the patient indicates lowered risk of having an interstitial lung disease in the patient.

10. The method of claim 6, in which one of:

a. $[\text{MMP7 activation peptide}]/[\text{creatinine}] \geq 1.255$, $[\text{MMP9 activation peptide}]/[\text{creatinine}] < 1.135$ and $[\text{MMP8 activation peptide}]/[\text{creatinine}] \geq 0.195$; or

b. $[\text{MMP7 activation peptide}]/[\text{creatinine}] \geq 1.255$, $[\text{MMP9 activation peptide}]/[\text{creatinine}] \geq 1.135$ and $[\text{MMP2 activation peptide}]/[\text{creatinine}] \geq 0.6$

indicates interstitial lung disease in the patient.

11. The method of claim 1, in which the threshold level is statistically significant.

12. The method of claim 1, wherein the levels of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient are determined by immunoassay.

13. The method of claim 1, wherein the levels of one or more of MMP2 activation peptide, MMP7 activation peptide, MMP8 activation peptide and MMP9 activation peptide in urine of the patient are determined by ELISA.

14. The method of claim 1, comprising determining a level of MMP2 activation peptide using a binding reagent specific to a polypeptide having the sequence:

(SEQ ID NO: 1, bases 30-109)
 APSPIIKFPGDVAPKTDKELAVQYLNTFYGCPKESCNLFVLDKDTLKKMQ
 KFFGLPQTGDLQNTIETMRKPRCGNPDVAN.

15. The method of claim 1, comprising determining a level of MMP7 activation peptide using a binding reagent specific to a polypeptide having the sequence:

(SEQ ID NO: 2, bases 18-94)
 LPLPQEAGGMSSELQWEQAQDYLRKRFYLYDSEETKNANSLEAKLKEMQKFF
 GLPITGMLNSRVIEIMQKPRCGVDPVAE.

16. The method of claim 1, comprising determining a level of MMP8 activation peptide using a binding reagent specific to a polypeptide having the sequence:

(SEQ ID NO: 3, bases 21-100)
 FVSSKEKNTKTVQDYLEKQYQLPSNQYQSTRKNGTINVIVEKLEKEMQRF
 FGLNVTGKPNREETLDMMKKPRCGVPSGGFM.

17. The method of claim 1, comprising determining a level of MMP9 activation peptide using a binding reagent specific to a polypeptide having the sequence:

(SEQ ID NO: 4, bases 20-93)
 APRQRQSTLVLFPGDLRTNLDRQLAEEVLYRYGYTRVAEMRGESKSLG
 PALLLLQKQLSLPETGELDSATLKA.

18. The method of claim 1, in which the patient is a human patient.

19. A kit comprising binding reagents specific to MMP9 activation peptide, MMP7 activation peptide, and one or both of MMP2 activation peptide and MMP8 activation peptide and one or more detection reagents for detecting binding of the binding reagents to MMP9 activation peptide, MMP7 activation peptide, and one or both of MMP2 activation peptide and MMP8 activation peptide.

20. The kit of claim 19, in which the binding reagents are antibodies.

21. The kit of claim 19, in which the detection reagents comprise antibodies for binding to the antibodies specific to MMP9 activation peptide, MMP7 activation peptide, and one or both of MMP2 activation peptide and MMP8 activation peptide and a label, optionally attached to the detection reagent.

22. The kit of claim 21, in which the label comprises one of an enzyme, a fluorophore, a quantum dot, a colloid, a radio-nuclide, a radioisotope, and a chromophore.

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